

Fraturdays with Doria & Friends - Rex Sikes

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Create Your Best Life With Rex

book Life On Your Terms: Create The Life You Want by Rex Steven Sikes available at amazon

https://www.amazon.com/Life-Your-Terms-Create-Want/dp/B086Y7DGPZ/ref=sxtds-bia-wc-rsf-lq2a1_0?cv_ct_cx=life+on+your+terms&dchild=1&keywords=life+on+your+terms&pd_rd_i=B086Y7DGPZ&pd_rd_r=54b8c134-54c7-4af9-bf33-94740dc2ec71&pd_rd_w=7c5WL&pd_rd_wg=9nlHo&pf_rd_p=26b0e770-de1c-4342-bf97-c57fd874dbaf&pf_rd_r=CVQ6TE5M24J0JK1RKVJM&pssc=1&qid=1621684364&sr=1-1-49946e88-733b-44df-869b-c05699555c56

or the bitly. - amzn.to/3ubnNPI Life On Your Terms

There is no such thing as sabotage

- From the time we are little we are inundated with messages - negative and positive
- If you are living in a household with a lack - you adopt that as your beliefs, values, principles, and practices
- Your subconscious mind's primary mission is to keep you from being in danger to help you fight, flee, or freeze
- upset, stuck, loving, kind - Your brain learned to do all that from repetition
- The conscious mind says - I want to make money but they don't get results
- The subconscious mind is the programming under our reactions
- The thoughts we have are mostly patterns - mostly habitual
 - It replicates until we decide to take charge and decide a new way of thinking
- Anything you learned to do you can do

- People learn to feel bad about themselves “I am stupid” “I am fat”
- Then they start saying “I love myself” but they don’t feel it - to change it they need to do the new thought a lot
- There are dog crap and diamonds in relation to our thoughts
- You need to realize that it is like juggling - when you first are learning you are going to drop balls and that is what is required to learn.
- You are an incredible learner - with many talents and resources
- Most people live far beneath their potential because of their negative self-talk
- you can learn skills and add to what you already know
- you can learn skills and add to what you already know
- Now they say it is 67 days to begin to make something a habit - you need to give it that time to allow your brain to build new neuropathways
- Sabotage is a concept by psychologists to keep people stuck
- We are living in the only moment that exists - the present moment
- The past is a memory - it doesn’t exist anymore
- Stop dragging around your past - that will cause you to perpetuate the same stories that keep you stuck
- You cannot be fixed - you are not a machine or computer - you are a living human spirit
- Self-improvement is a myth - you don’t improve anything - you reprogram
- If anyone is a victim it’s because you are choosing to be a victim
- What you aren’t aware of is running

Marcia

- You don’t improve - you are already perfect, you just release it to let it come through
- When you let down your programs and you face your fears, you run into your true self
- She ran Tony’s business for a while and helped take his organization national and launch his program

NLP & Tony Robbins

- He mastered four basic principles of NLP
- They laid the groundwork for other personal development leaders that we know today
- The more people you have doing the work, the better it is for humanity

Doria

- Behind every star, there is a whole team and you need to have a strong economic engine

What has disappeared?

- The discovery process has disappeared - illicit learning responses from people rather than teaching them
- When your mind is open you can learn the same story but learn something new
- You can transform by reconditioning ourselves by mastering the basics
- The basics are the foundation of success

The basics

- What you focus on expands
 - What you think repeatedly is what you are creating
 - What is it that I want to think about that would direct my life in the direction I want to do
 - Where do I want to go and move in that direction
 - You need to become aware of the negative things you are saying. Then replace it with something that helps you go in the direction you want to go ie: "I am a person of worth"
 - Don't beat yourself up when you still think the negative thoughts, just adjust your thoughts
 - Take charge of your thoughts - then you can take charge of your feelings - then your behaviors change and you start getting different results
 - Do the baby steps to go in the direction you want to go
 - It's not a direct line of progress
 - Part of becoming enlightened is having unenlightened moments
-
- When you are vibrating at a higher rate, you can respond better and receive better
 - You only have one thing to do - learn to control your thinking
 - Most people live as victims of their circumstances
 - Transform your thinking so you become the kind of person who can transform the invisible to become visible

Chat Notes

00:45:51 Lanai Cecile: Aloha & Happy Friday to Everyone from Northern California❤️

00:46:09 Dr. Wright: Greeeting everyone!!

00:46:34 Dr. Wright: 1% club in Clubhouse AFTER this!!

00:46:39 Regan Monge: (575)215-8829 text me if you want to talk and my email again is MamaAlchemist@gmail.com Regan Monge

00:46:41 Lanai Cecile: I'm DEFINITELY feeling the speeding up of time⚡

00:47:54 Yuji Shimada JPN: Good day! This is Yuji Shimada, Japan! TOKYO 2020 IS VERY EXCITING NOW. Nice meet all of you today!

00:48:06 T .: T. Hagans Equine-assisted coach los Angeles www.feelthefacts.com soo glad to be with you guys!🌟🙏❤️

00:48:37 Dr. Wright: Hello YUJI!!

00:48:51 Dr. Wright: Hello T.

00:49:03 Chris Mentzel: Happy Aloha Friday!

00:50:13 Dr. Wright: Hi everyone—Dr. Wright- Wright Place V and Wright Place Studios- I Build Roku , Amazon and Apple TV Channels for Next level professionals. You can watch Wright Place TV Channel on both ROKU and Amazon www.wrightplacestudios.com 909 235 9744 drletitia@wrightplacestudios.com

00:50:20 Dr. Wright: NO such thing as self sabotage!!!!

00:50:31 Connie Benjamin: Who is new to Fridays with Doria today?

00:53:19 Dr. Wright: upset, stuck, loving, kind ? You brain learned to do all that from repetition

00:53:40 Dr. Wright: The brain does what it was trained to do

00:55:45 Dr. Wright: Once you harness this ability to learn you can do it for positive outcomes

00:58:37 Dr. Wright: Choose the thoughts that you want, the results that you want, its hard at first

00:59:07 T .: T. Hagans Saddlesense@gmail.com 213.219.8369 www.feelthefacts.com

00:59:17 Dr. Wright: Like juggling, its hard, at first but you will learn to do it

01:01:20 Dr. Wright: you can learn skills and add onto what you already know

01:01:32 Dr. Wright: you just have to do it long enough until it gets easy to do

01:02:04 Dr. Wright: Personal transformation is easy, it takes time and consistantly

01:02:18 Dr. Wright: Habits are formed in 67 days to make something a habit

01:02:39 Dr. Wright: more than 2 months for it to begin to wire in and become a new behavior

01:03:03 paul schumann: wow

01:03:39 Dorina Lanza: Learned helplessness.

01:03:49 Dr. Wright: We don't have to stay stuck in things that happened to us years ago

01:05:24 Dr. Wright: you can not be fixed, you are not a machine, you are not mechanical, the metaphor is not correct, you don't improve, you let go of former conditioning

01:05:38 Dr. Wright: learn to release and let go and move to a different direction

01:05:52 Lanai Cecile: B O O M 🚀

01:05:55 Dr. Wright: What you are not aware of runs the show!

01:06:04 Regan Monge: wow

01:06:51 Connie Benjamin: Connect with Rex

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Youtube <https://www.youtube.com/c/CREATEYOURBESTLIFEEVERWITHREXSIKES>
Create Your Best Life With Rex

01:06:57 Connie Benjamin: book Life On Your Terms: Create The Life You Want by Rex Steven Sikes available at amazon

https://www.amazon.com/Life-Your-Terms-Create-Want/dp/B086Y7DGPZ/ref=sxsts_sxwds-bia-wc-rsf-lq2a1_0?cv_ct_cx=life+on+your+terms&dchild=1&keywords=lif+on+your+terms&pd_rd_i=B086Y7DGPZ&pd_rd_r=54b8c134-54c7-4af9-bf33-94740dc2ec71&pd_rd_w=7c5WL&pd_rd_wg=9nlHo&pf_rd_p=26b0e770-delc-4342-bf97-c57fd874dbaf&pf_rd_r=CVQ6TE5M24J0JK1RKVJM&pvc=1&qid=1621684364&sr=1-1-49946e88-733b-44df-869b-c05699555c56

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01:09:09 Lanai Cecile: Thank you mucho, MUCHO Rex 🙌

01:09:29 Connie Benjamin: Love that Marcia! If you are not part of Marcia Martin's club, it is AMAZING <https://www.marciamartinclub.com/>

01:09:44 Lanai Cecile: I love, Love, LOVE those quotes/examples that you mentioned, Marcia ❤️

01:14:03 Connie Benjamin: Absolutely! It drives me CRAZY when masters are being drowned out by people who are not experts!

01:14:36 Connie Benjamin: That's why I LOVE Doria & Marcia Martin... they are masters at their craft.

01:14:49 Connie Benjamin: Awesome point Rex! Love this!

01:16:00 Regan Monge: Gifts in men & women!

01:16:31 Shmiko "Miko" Cole: @Rex says: The Universe gives us what we need when we need it...LOVE IT

01:20:11 Connie Benjamin: Clubhouse @DoriaCordova

Also Follow in Clubhouse the Money & You Club - and get an invitation into Clubhouse's Fridays With Doria event!

<https://www.facebook.com/DCCordova>

<https://www.linkedin.com/in/dccordova/>

<https://www.instagram.com/damedccordova/>

<https://twitter.com/dccordova>

<https://www.facebook.com/moneyandyou>

<https://www.youtube.com/user/MoneyAndYouEducation>

01:22:11 Lanai Cecile: 🙌🙌🙌🙌🙌🙌🙌🙌

01:23:17 Connie Benjamin: It's crazy that Marcia shares her wisdom of over 4 decades in her Marcia Martin Club for just \$10 a month!

<https://www.marciamartinclub.com/>

01:23:38 Charles Kovess - Australasia's Passion Provocateur: I'm a member of the Marcia Martin Club. It's great

01:24:08 Connie Benjamin: I agree Charles!

01:25:02 Charles Kovess - Australasia's Passion Provocateur: I arrived a bit late. What's Rex's website details, please?

01:25:15 Connie Benjamin: Connect with Rex

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twitter [@rexsikes](https://twitter.com/rexsikes)

Instagram <https://www.instagram.com/rexstevensikes/>. rex steven sikes

Youtube <https://www.youtube.com/c/CREATEYOURBESTLIFEEVERWITHREXSIKES>

Create Your Best Life With Rex

01:25:22 Connie Benjamin: book Life On Your Terms: Create The Life You Want by Rex Steven Sikes available at amazon

https://www.amazon.com/Life-Your-Terms-Create-Want/dp/B086Y7DGPZ/ref=sxsts_sxwds-bia-wc-rsf-lq2a1_0?cv_ct_cx=life+on+your+terms&dchild=1&keywords=lif+e+on+your+terms&pd_rd_i=B086Y7DGPZ&pd_rd_r=54b8c134-54c7-4af9-bf33-94740dc2ec71&pd_rd_w=7c5WL&pd_rd_wg=9nlHo&pf_rd_p=26b0e770-delc-4342-bf97-c57fd874dbaf&pf_rd_r=CVQ6TE5M24J0JK1RKVJM&pssc=1&qid=1621684364&sr=1-1-49946e88-733b-44df-869b-c05699555c56

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01:26:15 Charles Kovess - Australasia's Passion Provocateur: Many thanks, Connie

01:26:33 Connie Benjamin: You're welcome Charles! It's wonderful to see you hear!

01:26:36 Connie Benjamin: here

01:27:25 Regan Monge: What made me fall in love with Dame Doria Cordova was when I heard her say, "Don't confuse the people with their country. Love the person before you."

01:28:05 Connie Benjamin: Love that too Ragan! Great to see you here!

01:28:12 Regan Monge: Firm foundation Master of thoughts

01:28:21 Regan Monge: What you focus on expands

01:28:41 Charles Kovess - Australasia's Passion Provocateur: Master the basics. Like learning to play a musical instrument, of which I play 3. After mastering the basics, then come the trick shots, the creativity, the innovation.

01:28:45 Regan Monge: Love to see you too Connie B!

01:29:11 Charles Kovess - Australasia's Passion Provocateur: Hey Regan. Haven't seen you here for some weeks. Good to see you

01:29:40 Regan Monge: Hello Charles Kovess !! Nice to you too!

01:29:56 Lanai Cecile: EUREKA ⚡🌈🎯

01:30:13 Laura Ibarra: 💜💜💜

01:30:24 Shirini Miranda: You are the treasure! I am a person of worth.
- Rex

01:32:06 Charles Kovess - Australasia's Passion Provocateur: DSM V is such a disaster

01:32:50 Charles Kovess - Australasia's Passion Provocateur: DSM V claims there are over 300 mental disorders. What nonsense

01:33:25 Charles Kovess - Australasia's Passion Provocateur: Rex: take charge of your thoughts

01:34:20 Shmiko "Miko" Cole: Powerful Words

01:34:24 Carole Hodges: Part of enlightenment is to have unenlightened moments.

01:34:37 Regan Monge: Enlightenment is awareness of being the light

01:35:05 Lanai Cecile: You are all Deliciously Divine 😊

01:35:13 Connie Benjamin: I LOVE your singing @drlydie

01:38:28 Connie Benjamin: <https://MoneyandYou.com> is finally coming back live to San Diego August 25 (Wednesday evening) through Saturday, August 28 - come join us!

Special Price for Fridays With Doria participants for USA event: 2nd person comes for only US\$995 - use the code: MY2995 to register yourself and a second person.

01:39:34 Connie Benjamin: You can listen to Marcia's replay interview on Fridays with Doria here

<https://fridayswithdoria.com/dame-marcia-martin/>

01:40:23 Charles Kovess - Australasia's Passion Provocateur: Marcia's story is well worth revisiting. Great story of the evolution of the personal development industry.

01:40:36 Connie Benjamin: Here's a gift to support you in building your Economic Engine at <https://moneyandyou.com> - Excelled Business Success Model - how to create, build and grow a socially-responsible organization.

01:40:59 Connie Benjamin: Next Fridays With Doria for a Ho'oponopono Prayer in CLUBHOUSE and Zoom - 9 am PDT California

01:42:20 Dorina Lanza: My cats are good at begging.

01:42:38 Lanai Cecile: HYSTERICAL 🤪🤪🤪

01:44:45 Lanai Cecile: Boost your immune systems everyone...remember the advice Ocean Robbins gave when he was on FWD 🙏

01:45:22 Joan Michelson: It has shown that people across the globe CAN come together to solve a huge challenge. Now, if we can harness this force to address climate change

01:46:00 Joan Michelson: However, employers requiring vaccinations to come back to work will help us get out of this

01:47:01 Joan Michelson: Here's the Forbes article I wrote about this covid-induced paradigm shift, including quoting Doria:
<https://www.forbes.com/sites/joanmichelson2/2020/05/05/the-covid-19-paradigm-shift--from-values-to-careers-to-whole-economies/?sh=657041f38a24>

01:47:20 Connie Benjamin: I LOVE You Doria that you are willing to have this conversation.

01:47:56 Joan Michelson: @Connie+!

01:48:01 Regan Monge: Anything mandatory strips us of our freedom

01:48:08 Dorina Lanza: Gotta jump! See you all next time!

01:49:02 Connie Benjamin: Support this beautiful project to empower the Homeless that is being led by Dr. Letitia Wright (Crowdfunding expert)
<http://www.adoptahomeless.org> - please connect with her for this loving project - <http://www.wrightplacetv.com> 909 235 9744
drletitia@wrightplace.com

01:50:44 Charles Kovess - Australasia's Passion Provocateur: I am exceedingly well-informed on the issue of vaccinations. I have been legally involved in the issue for some years. Mandatory vaccinations are an abomination. And someone like me who does not accept the mainstream news narrative is NOT a conspiracy theorist. I am well informed. Do your own thinking dear friends. As Bucky said. Do NOT be railroaded into group think just to conform.

01:50:53 paul schumann: We do debt settlements and negotiations. We guarantee results or no fee. ZERO!
Please connect with me at www.linkenin.com/in/paulschumann
<https://tribeup.com/profile/paulschumann/>
paul@wisewealthchoices.com
for those who wish to help homeless and runaways kids abused and battered women please donate below
gofundme.com/f/to-start-a-non-profit-for-santas-homeless-kids

01:51:37 Connie Benjamin: Support this beautiful project to empower the Homeless that is being led by Dr. Letitia Wright (Crowdfunding expert)
<http://www.adoptahomeless.org> - please connect with her for this loving

project - <http://www.wrightplacetv.com> 909 235 9744
drletitia@wrightplace.com

01:51:57 Carole Hodges: "If we have no peace, it is because we have forgotten that we belong to each other." - Mother Teresa

01:52:03 Charles Kovess - Australasia's Passion Provocateur: Fear of coronavirus is no way to live. Perfect love casts out all fear, to quote the Bible

01:52:30 Connie Benjamin: SUPPORT INDIA'S FAMILIES
[PayPal.Me/stmothertheresaunive](https://www.paypal.com/merchot?p=stmothertheresaunive)

01:53:00 Paolo Tiberi: For those of you interested in learning about Cryptos I have created a course to share my experience and 10 different investment strategies I have used to help transform your life.

I have a \$400 discount for the Fridays With Doria community. Just enter LAST-CHANCE (case sensitive) in the coupon area to bring the price down from \$997 to \$597.

The main page with course curriculum is here:

<https://cryptowealthnation.com/advanced-training/rocket-man-training/>

There are a lot of free resources on the site

<https://cryptowealthnation.com/> and many posts in the Facebook group

<https://www.facebook.com/groups/cryptowealthnation> to support you.

Let me know if you have any questions

Much Light

Paolo

01:53:35 Dame Doria (DC) Cordova:

<https://www.clubhouse.com/event/myjdk78a>

01:53:47 Connie Benjamin: <https://MoneyandYou.com> is finally coming back live to San Diego August 25 (Wednesday evening) through Saturday, August 28 - come join us!

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Always looking for JV partners to collaborate -- to support us all in expanding our global markets. We have an awesome Affiliate program so if you wish to create another Income Generating Activity or to create being in the event, please contact: info@moneyandyou.com or text the office: 1 619 224 8880 - thank YOU. Would love for you to be with us!

01:53:59 Dame Doria (DC) Cordova: Come hang out with us at the One Percenters Only - after - <https://www.clubhouse.com/event/myjdk78a>

01:54:38 Dr. Wright: Why are we not MORE confident!!

01:55:15 Connie Benjamin: Another gift for you -

<https://fridayswithdoria.com/recovery-magical-exercises/>

Do the Recovery Magical Exercises to support you in clearing

multi-generational financial decisions that have been activated during the pandemic or in life... These exercises have been done by some of the

financial masters / experts / best-selling authors that you see everywhere..

01:55:51 Regan Monge: The vaccine is a biological EXPERIMENTAL gene therapy categorized as PROPHYLACTIC (preventative care) Many doctors are not convinced the experimental UNAPPROVED by FDA only being offered under the "Emergency Use Act" to fast track a medical product.

01:55:54 Connie Benjamin: Doria's Online Entrepreneurial 6 1/2 hour Access to Cash Course: <http://AccessToCashCourse.com> - 42 years plus to support you to create your profitable business / organization (for and non-profit) that will add value to humanity - and create wealth for YOU...

Join our 2-day online live experiential <http://MoneyandYou.com/EvolveXP> event and meet our global social entrepreneurs. If you have wanted to expand your global markets with loving entrepreneurs, we are for you! It's not a Zoom training - we will have interactive / transformation exercises - as close as we can get to our 42-year old <https://MoneyandYou.com> program... The next event TBA

01:56:24 Connie Benjamin: One Percenters Only Club!

Topic: Small Business Backbone of the Global Economy Chime in

7/23/2021 (fri) @ 6PM PST (California time)

<https://www.clubhouse.com/event/xBJJZWJR>

01:56:26 Charles Kovess - Australasia's Passion Provocateur: I agree with you, Regan

01:56:58 Connie Benjamin: <https://LifeWave.com/LightWealth>

Do you love LIGHT HEALING? Do you love HEALTH? Doria highly recommends the fantastic Nanotechnology - Stem Cells - Light-based Patches for Health, Vitality, and Youthfulness - she has been using since the beginning of the Covid Pandemic to keep my immune system strong - she loves them!

Do you love PROSPERITY? Business Opportunity for powerful, influential networkers who are looking for ULTIMATE LEVERAGE while bringing Light Wealth Health to the world... If you are not interested, who do you know? You can benefit tremendously from the introduction...

This 4-minute video shows the success of relieving pain on horses and animals <https://www.youtube.com/watch?v=BJ8EA0fANl0> If you know horse owners, pass the word!

Here's an interview with the founder, David Schmidt, explaining the LIGHT ASPECT of the technology...<https://vimeo.com/531494951/c47ca06a26>

01:58:30 Charles Kovess - Australasia's Passion Provocateur: Thanks Paolo. Good thinking.

02:00:19 Connie Benjamin: book Life On Your Terms: Create The Life You Want by Rex Steven Sikes available at amazon
https://www.amazon.com/Life-Your-Terms-Create-Want/dp/B086Y7DGPZ/ref=sxsts_sxwds-bia-wc-rsf-lq2a1_0?cv_ct_cx=life+on+your+terms&dchild=1&keywords=lif+on+your+terms&pd_rd_i=B086Y7DGPZ&pd_rd_r=54b8c134-54c7-4af9-bf33-94740dc2ec71&pd_rd_w=7c5WL&pd_rd_wg=9nlHo&pf_rd_p=26b0e770-delc-4342-bf97-c57fd874dbaf&pf_rd_r=CVQ6TE5M24J0JK1RKVJM&psc=1&qid=1621684364&sr=1-1-49946e88-733b-44df-869b-c05699555c56

or the bitly. - [amzn.to/3ubnNPI](https://bit.ly/amzn.to/3ubnNPI) Life On Your Terms

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Instagram <https://www.instagram.com/rexstevensikes/>. rex steven sikes

Youtube <https://www.youtube.com/c/CREATEYOURBESTLIFEEVERWITHREXSIKES>
Create Your Best Life With Rex

02:01:30 Connie Benjamin: <https://www.moneylawandyouexperience.com/>

02:01:39 Connie Benjamin: This program is so important!

02:02:06 Lanai Cecile: Doria & Goliath 

02:02:26 Connie Benjamin: <https://TopTalentJV.com/> Three 1/2 days of Masterminding with experts / masters / professionals / entrepreneurs -- YOU! Awesome environment to create business relationships - Joint Ventures - Monday, August 16 / Tuesday, August 17 / Wednesday, August 18 - from 8 am - 2 pm California

02:02:35 Dr. Wright: The first time I ever saw her or heard of her was in person was in person and yes, she is tiny!!

02:03:16 Charles Kovess - Australasia's Passion Provocateur: I did \$&U in Oct 1992 and Business School in Hawaii in June 1993. I left my legal career to become Australasia's Passion Provocateur. Come and experience the Self-Awareness & Passion Quest for free. Check it out at www.charleskovess.com . You can also see 70 Episodes of the Charles Kovess Show on YouTube or as a podcast. Great to be here with you all. Well done as usual, Doria, for holding this space xxx

02:03:55 Connie Benjamin: DISC Profile system. Our Business School Instructor, Carol Dysart, has this wonderful gift for you:
<https://globalsparks.com/moneyandyou/freedisc>

Legal Shield is a great service to have to ask for quick legal support and forms as part of the low price membership fee:

global888enterprises.wearelegalshield.com - this doesn't replace the need for great legal support.

02:05:46 Regan Monge: FYI- Sen. Rand Paul, R-Ky has sent a letter to the Department of Justice asking for a criminal referral. According to Paul evidence exist Fauci lied to Congress punishable by up to five years in prison. Fauci specifically denied \$41.7 million "gain-of-function" was provided to Wuhan Institute of Virology through the NIH/NIAID! "Gain-of-function" means to create virulent viruses "biological chimeric" warfare !

02:06:39 DrLydie #1 Legal Business Authority: Paolo that is amazing!

02:06:40 Paolo Tiberi: For those of you interested in learning about Crytos I have created a course to share my experience and 10 different investment strategies I have used to help transform your life.

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The main page with course curriculum is here:

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There are a lot of free resources on the site

<https://cryptowealthnation.com/> and many posts in the Facebook group

<https://www.facebook.com/groups/cryptowealthnation> to support you.

Let me know if you have any questions

Much Light

Paolo

02:07:05 Lanai Cecile: Paolo...that is so, SOOOOO BEAUTIFUL 😊

02:09:23 Paolo Tiberi: No financial Advice

02:09:48 Regan Monge: Taxes are theft!

02:10:00 Yuji Shimada JPN:I agree! Capital gain.Most GOVT would deduct so much taxes!!

02:10:24 Connie Benjamin: One Percenters Only Club!

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<https://www.clubhouse.com/event/xBJJZWJR>

02:10:54 Carole Hodges: Watch for "The Menopause Millionaire - The Keys to Prosperity and Meaning in the Second Half of Life" If you would like to be a notice - please drop me a note @ Carole@MenopauseMillionaire.com.

02:11:05 Connie Benjamin: Can't wait for your book Carole!

02:12:22 Carole Hodges: Friday, August 13 - I am offering a webinar at noon Pacific - Retirement Planning for Women Business Owners - drop me an email - Carole@MenopauseMillionaire.com

02:13:39 Marcia Martin: Lovely seeing you all... thank you Doria for a wonderful session... and thank you Rex for the wisdom - I must leave.. have a fantastic weekend everyone. Xo Marcia Martin

02:15:37 Connie Benjamin: It was wonderful to see you here today Marcia! I am so grateful for your work and I love your club! So honored to be working with you to share your wisdom with the world!

<https://www.marciamartinclub.com/>

02:16:48 Connie Benjamin: Clubhouse @DoriaCordova

Also Follow in Clubhouse the Money & You Club - and get an invitation into Clubhouse's Fridays With Doria event!

<https://www.facebook.com/DCCordova>

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<https://twitter.com/dccordova>

<https://www.facebook.com/moneyandyou>

<https://www.youtube.com/user/MoneyAndYouEducation>

02:23:16 Connie Benjamin: @T you are going to love listening to Marcia's interview - she was pivotal in growing EST from a few people to millions worldwide

02:24:38 Al Chan: Great sharing on acting career! One can't be over obsessed in portraying their character

02:27:13 Connie Benjamin: One Percenters Only Club!

Topic: Small Business Backbone of the Global Economy Chime in

7/23/2021 (fri) @ 6PM PST (California time)

<https://www.clubhouse.com/event/xBJJZWJR>

Spread the word everywhere!

02:27:15 Shirini Miranda: Thank you for all the insights!

02:28:06 Connie Benjamin: Connect with Rex

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Create Your Best Life With Rex

02:28:10 Bonita Joy Yoder Ventriloquist (785) 550-4944: Economy Chime?

02:28:13 Lanai Cecile: Thank you immensely Doria, always, and Rex tonight as well 🌈👩🏻🌀

02:28:28 Su Suan Sing (Vincent Su): Thank you Doria and Rex

02:28:33 Dr. Wright: thank you everyone

02:29:10 Roy Cotton Jr.: bye everyone

02:29:15 Connie Benjamin: book Life On Your Terms: Create The Life You Want by Rex Steven Sikes available at amazon

https://www.amazon.com/Life-Your-Terms-Create-Want/dp/B086Y7DGPZ/ref=sxws_bia-wc-rsf-lq2a1_0?cv_ct_cx=life+on+your+terms&dchild=1&keywords=lif+on+your+terms&pd_rd_i=B086Y7DGPZ&pd_rd_r=54b8c134-54c7-4af9-bf33-94740dc2ec71&pd_rd_w=7c5WL&pd_rd_wg=9nlHo&pf_rd_p=26b0e770-de1c-4342-bf97-c57fd874dbaf&pf_rd_r=CVQ6TE5M24J0JK1RKVJM&psc=1&qid=1621684364&sr=1-1-49946e88-733b-44df-869b-c05699555c56

or the bitly. - amzn.to/3ubnNPI Life On Your Terms

02:29:19 Roy Cotton Jr.: Thank you Rex