

Fraturdays With Doria & Friends - Jennifer Hough Event Notes

Jennifer's Free Gift: www.TheWideAwakening.com/3Days

Connect with Jennifer

Website: www.TheWideAwakening.com

Email: Jennifer@TheWideAWakening.com

www.Facebook.com/wideawakening

www.facebook.com/groups/twaplayground

<https://www.instagram.com/thewideawakening/>

<https://www.linkedin.com/in/jenniferlthough/>

Jennifer's book "UNSTUCK: The Physics of Getting Out of Your Own Way" is now an International Best Seller in 7 Countries! Want the Resource book and the Workbook? Sign up for notifications and buy the book at www.TheWideAWakening.com/Unstuck

Event notes

- Precession involves gravity and movement
- Jennifer came across precession when she was younger
- She suffered from migraines and was working at a multinational company but she felt like she was not doing what she was meant to do
- She began living on her boat
- She got exposed to some gases that can be deadly and she developed chronic fibromyalgia and migraines
- She went to many doctors to seek healing and began taking medications but they often caused side effects
- She began to seek other healing experts to heal herself
- She wasn't looking to change her occupation but because of the healing she experienced, she ended up with the largest nutrition practice in Canada
- She healed the migraines and chronic fatigue about 75% but believed it was possible to heal completely
- She was given a physics book and that became her biggest passion
- Her body healed

When things happen at 90 degrees

- This happens when you thought you were pursuing one goal but something wonderful and unexpected happened

- When most people experience precession, they think it was a miracle but they don't live consistently in precession
- As you pursue a goal, there are always right angles in every direction and if you keep following the right angles, it will go in a circle
- Precession is the fabric of life
- We are made of the atoms from the beginning of existence and those atoms bumped up against each other to create something new
- When something gets newly organized that is centropy
- When something gets disorganized that is entropy
- Imagine there was a point in time where there were no people, and there was only stardust
- There isn't an aspect of life that hasn't happened as a result of precession
- Everything is constantly being created upon
- When we have a curiosity of the adventure and an interest in creating further and are vigilant in the result, that is when we fully experience precession
- Particles are constantly in motion moving forward and out
- The particles inside of you are wired to be in motion

Becoming unstuck

- The opposite of precession is having safety and control driving the bus
- When you are living this way, you will get tired, it will be hard, you will have struggles
- That is always happening for you because consciousness wants you to stay in the flow of creation
- Money & You contains everything that Jennifer is talking about

The power of Precession

- Precision has an infinite impact
- Life itself is developed entirely for the purpose of precession
- A generalized principle is something that happens at all times and there are no exceptions - gravity, leverage, and precession
- You cannot control precession and you cannot predict it
- When money begins to be precessional, that is so stunning

Precession and finances

- E.g., someone decided to build mobile phones and other people decided to create networks
- Necessity is the motherhood of invention
- E.g., when she was experiencing migraines she didn't think she would learn about physics.

- When she was experiencing a severe migraine, she remembered what she had learned about physics, and realized that she had a consciousness beyond her physical body and was able to step beyond the pain
- When people say they are going to retire, it causes them to go out of the flow because they are no longer creating
- Jennifer's business, bank account, and health was impacted when she was no longer curious about the adventure
- Precession is always occurring
- Bucky would not call it living in precession because it already IS
- Once you become aware that so many of the results will occur precessionally, you create a huge purpose
- Doria recommends shifting to "financially independent" rather than "I want to be a millionaire"
- Buckminster Fuller shared that "when you commit to the betterment of humanity, you can be assured that you will be taken care of".
- When you can create a huge mission that includes the most good for the most number of people, you will create exponential precession
- Bucky said that each one of us is a total experiment
 - He said that if you want to have a direct link to the divine, all you need to do is look at the precessional effects of your life. If you do not want to have the results you have, you need to look at what you are doing now.
 - If you are stuck - stop and look, what is your purpose, how much are you doing to make the world better?
- To get unstuck, ask yourself **"What would love do right now?"**
- When you are vibrationally aligned to the precession that already exists, you will powerfully move forward
- When you are not living in alignment, you will know and feel the effect of not being aligned
- The idea that precession just exists causes everything to be simplified
- Human beings have been taught to go away from living precessionally because we are taught to just survive
- precession is regenerative when you are in alignment
- When you are answering this question you will powerfully be aligned with precession **"what is the most efficient thing that I can do with the skills that I have that would make the greatest contribution, would have me waking up with abundant energy, and would allow me to live a life of the most meaning that I could possibly live?"**
 - Ask that question and ACT on it!
- Buckminster Fuller said that to save the world you must:

- Live in integrity
- Be in collaboration

Goals

- You make a plan, set a goal and sometimes you change the goal because something better opens up for you
- Precession can only happen when you are in action - it requires forward momentum
- Set the goal and understand that consciousness or life is going to birth the “or better” at right angles
- Be vigilant for the love of life for your passion
- The universe is constantly acting for you when you are in your passion
- There are non-linear ways to get the results you are looking for
- Goals are just an excuse to go on the journey of precession

How do you know when you are on the right track?

- Normally when we can't feel we are on the right track is because we are trying to future predict the outcome - worrying about money, etc.
- There only is right now - a series of right nows
- When we are aligned with precession, what happens is there is a physical experience. To feel this, you must get out of the mind trying to analyze if you are on the right track.
- An exercise to help you know when you are on the right track is:
 - Take your consciousness behind your eyes and let it trickle and filter into your body and have the experience in the now as to whether your cells are in a state of expanding or contracting now based on the decision you made
 - This takes practice and you can't do the exercise from a place of fear
- When you are worried about getting it wrong - you will say something like “I am worried about it getting it wrong”. Creation loves you so much that if you go off track enough, you will either get an affirmation or a redirect.
- Nothing is ever perfect because you can't ever get it done
- Things are happening for you and not to you

00:41:11 JOY Megas: Love Joan

00:41:40 Joan Michelson: Here's my Forbes story about ESG as a geopolitical strategy:

<https://www.forbes.com/sites/joanmichelson2/2022/02/27/esg-framework-is-evident-in-global-leaders-response-to-ukraine-invasion/>

00:41:53 Connie Benjamin: Connect with Doria

Clubhouse @DoriaCordova

Also, Follow in Clubhouse the Money & You Club – and get an invitation into Clubhouse's Fridays With Doria event!

To learn more about Doria Cordova and her work: <https://DCCordova.com>

<https://www.facebook.com/DCCordova>

<https://www.linkedin.com/in/dccordova/>

<https://www.instagram.com/damedccordova/>

<https://twitter.com/dccordova>

<https://www.facebook.com/moneyandyou>

<https://www.youtube.com/user/MoneyAndYouEducation>

00:42:19 Fuen Yee: Hello, Joy! Hope all is well at your end. 🙏🏻🙏🏻

00:43:12 Connie Benjamin: info@moneyandyou.com

00:45:45 Connie Benjamin: <https://MoneyandYou.com> will be back LIVE to San Diego April 6 - 9

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00:46:52 Connie Benjamin: Connect with Jennifer

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<https://www.instagram.com/thewideawakening/>

<https://www.linkedin.com/in/jenniferlhough/>

00:50:20 Yannick Kinnie: I wanted to purchase an old metal war boat, and put old wood and wood burning stove, but I couldn't find a harbor, or the money

00:53:41 JOY Megas: Love that pic Joan!!

00:53:56 Joan Michelson: The Smithsonian Arts & Industries Building has a "Futures" exhibit and it has a whole section about Bucky. The text next to the photo of him (made from the triangles that make up the geodesic dome), says that if there was a photo next to the word "futurist," it would be Bucky's face! :)

00:53:59 Cindi B Ruiz: Hello everyone. Cindi from Fresno, CA. Go Jennifer Love Jennifer

00:54:19 will wilkinson: gratitude

00:54:23 Yannick Kinnie: In a Japanese book he says you can't be free if you don't understand physics.... the artist comitted Hari Kari with a 

00:54:24 Al Chan: splendid

00:54:25 Connie Benjamin: hopeful

00:54:27 Kay Ross: Delighted

00:54:28 Fuen Yee: Blessed

00:54:29 Susan Meredith: connected

00:54:31 Vijaya Saraswathy One Minute Inspiration: It made me feel Divine

00:54:31 Ardice: magical

00:54:32 Kong Choon Yen: empowered

00:54:34 JOY Megas: Supercalifragilisticexpealidocious

00:54:34 Cherie Clark: Excited

00:54:34 Richard Powell: Exhilarating

00:54:35 Gina: curious

00:54:36 Christopher J Power: On Track

00:54:38 Rev Michael Long: grateful

00:54:40 Irene Yap: Surprised!

00:54:40 Fuen Yee: Aligned

00:54:43 Tan Li Koon Sophie:life is good

00:54:49 Dr. Wright: Powerful

00:54:49 Ella Matheson: EXPANDED

00:54:51 Dr.h.c Azeeza - GoGLOBAL: Miraculous

00:54:52 Christopher J Power: Satisfied

00:54:53 Joan Michelson: where I'm supposed to be at that moment

00:54:55 Kelly yourbookdesigned.com: Aha

00:54:56 Michele Wilson: Thankful, Grateful & Blissful

00:54:59 Yuji Shimada JPN: CURIOUS!

00:55:13 Irene Yap: Universe works in its mysterious ways...

00:55:49 Cindi B Ruiz: Expanded

00:56:44 Connie Benjamin: Jennifer's Free Gift:
www.TheWideAwakening.com/3Days

00:56:51 Connie Benjamin: Jennifer's book "UNSTUCK: The Physics of Getting Out of Your Own Way" is now an International Best Seller in 7 Countries! Want the Resource book and the Workbook? Sign up for notifications and buy the book at www.TheWideAWakening.com/Unstuck

00:56:54 Tom Chesser: Celebrating with Dame Doria as one of the 9 Powerful Women
<https://businessinnovatorsmagazine.com/celebrating-womens-history-month-by-focusing-on-9-powerful-women-entrepreneurs-who-are-making-this-world-a-better-place-today/>

00:57:52 Joan Michelson: Be aware and notice the processions

00:58:06 Dame Doria (DC) Cordova:
<https://businessinnovatorsmagazine.com/celebrating-womens-history-month-by-focusing-on-9-powerful-women-entrepreneurs-who-are-making-this-world-a-better-place-today/>

00:58:15 Susan Meredith: Procession is what creates precession - you need to be in motion.

00:58:22 Susan Meredith: Critical Path pg 142

00:58:53 Joan Michelson: Life is what happens when you're busy making other plans, which could be restated as "procession" is what happens when you're busy making other plans! @jenniferHough

00:59:27 JOY Megas: I sometimes get Fridays with Doria confused with Doria and friends, which pops up Dora the explorer!

00:59:29 JOY Megas: haha

01:00:08 Dr.h.c Azeeza - GoGLOBAL: Always love all the Precessions of life


01:01:38 Joan Michelson: Bucky would say $1+1 = 11$

01:03:37 JOY Megas: I think Bucky would most likely say $1 + 1 = \text{infinity}$. For example, one boy rabbit and one girl rabbit

01:03:39 JOY Megas: wink

01:03:44 JOY Megas: ;)

01:07:37 Al Chan: Since entropy is the tendency towards death, whereas syntropy is the tendency towards life, living systems in order to sustain themselves need to minimize entropy and to maximize syntropy.

01:08:11 Joan Michelson: You can have struggles when the universe is pulling you in a different direction too.

01:08:14 Connie Benjamin: <https://MoneyandYou.com> will be back LIVE to San Diego April 6 - 9

We have an awesome Affiliate program if you wish to create another Income Generating Activity or to create being in the event, please contact me: info@moneyandyou.com or text my office: 1 619 224 8880 - thank YOU! Would love you there!

Always looking for JV partners to collaborate -- to support us all in expanding our global markets.

01:08:50 Shaki Jones: I really want to attend money and you this year

01:09:27 Vijaya Saraswathy One Minute Inspiration: Shaki, That will be one of the best decisions you ever make

01:11:44 JOY Megas: Yes, Shakti. Come to Money and You.

01:14:23 Shaki Jones: Hi

01:15:38 Connie Benjamin: <https://MoneyandYou.com> will be back LIVE to San Diego April 6 - 9

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01:15:54 Gina: so what happens if it negative or are the right angles always positive

01:17:48 Joan Michelson: Another processional impact of mobile phones: And as a result of mobile phones, rural farmers in Africa can sell their goods knowing where the market is and what they can charge and who is likely to buy it - enabling them to make a living

01:17:50 Susan Meredith: Positive is an arbitrarily defined direction; negative is opposite. (Therefore, a positive person is anyone who agrees with me! :-))

01:18:14 JOY Megas: Joan's on fire!!

01:18:26 Joan Michelson: @joy - :)

01:21:15 Joan Michelson: a friend of mine calls it "rewirement" - instead of "retirement"

01:23:42 Moe Rock: I am so grateful to Jennifer and Dame Doria for putting this together !!!

01:23:43 Dr.h.c Azeeza - GoGLOBAL: Aware Is the word YES

01:23:54 JOY Megas: My intuitive vision is for Doria's network and our mission to make the world work for 100% of humanity and ALL LIFE in the shortest amount of time through spontaneous cooperation with the least ecological offense or disadvantage of anyone! With systems in place to nurture future generations in Bucky's vision for our species to leave the age of weaponry into the age of livingry.

01:23:57 Moe Rock: These universal principles are game changers

01:24:33 Dr.h.c Azeeza - GoGLOBAL: It started happen for ALL time now Joy
01:24:40 JOY Megas: YAY
01:24:57 Dr.h.c Azeeza - GoGLOBAL: *happening
01:25:51 Al Chan: Does Bucky believes in 4th & 5th dimensionality?
01:25:56 Dr.h.c Azeeza - GoGLOBAL: Think of all the phenomenal work of Transformation leaders in the world... after being through Money & You
01:27:16 Sharon Rolph: What would LOVSE do right now?
01:27:26 Vijaya Saraswathy One Minute Inspiration: What would LOVE would do right Now?
01:27:26 Dr.h.c Azeeza - GoGLOBAL: What would love do right now ❤️
01:27:48 Moe Rock: Alignment !!
01:28:00 Moe Rock: "Go with the Flow"
01:28:31 Moe Rock: What would love do?
01:28:32 JOY Megas: Go with the Flow is the name of my vision to get fresh clean water to all of the land masses in the world
01:28:35 will wilkinson: What would love do? Always ... be generous.
01:29:49 Dr.h.c Azeeza - GoGLOBAL: Love that one, have a bubble bath...
😊sometimes we overlook the smallest things of life - butterfly effect
01:30:23 Connie Benjamin: <https://MoneyandYou.com> will be back LIVE to San Diego April 6 - 9

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01:30:49 Sanjeev Williams: Amy Edmundsen's superb book, "A Fuller Explanation" explains in layman's terms, Bucky's 2 books, Synergetics 1 & 2.
01:31:45 Vijaya Saraswathy One Minute Inspiration: What is the most efficient thing I can do? To make a contribution
01:32:12 Moe Rock: wow
01:32:16 Vijaya Saraswathy One Minute Inspiration: Breathe in
01:32:20 Moe Rock: Thank you Jennifer !
01:33:13 Vijaya Saraswathy One Minute Inspiration: with the skills that I have, that will make the contribution, that will have me waking up with abundant energy, they will be around me with most meaning I will possibly live
01:33:31 Vijaya Saraswathy One Minute Inspiration: Me
01:34:13 Christopher J Power: 20 times a day.
01:34:23 Vijaya Saraswathy One Minute Inspiration: Asking Clarifying Questions

01:34:55 Vijaya Saraswathy One Minute Inspiration: Thank You ❤️
01:36:01 will wilkinson: Wonderful presentation. Thank you Jennifer and Doria. My wife and I live in a precessional world... as we all do! I have to jump off to attend an event here so, Aloha!
01:36:28 Yannick Kinnie: now is the time....

to move into procession

01:36:41 Connie Benjamin: HO'OPONOPONO PRAYER BY ZOOM & CLUBHOUSE every other Friday get link at: <https://FridaysWithDoria.com> - 11 am California Fridays (NEW TIME) to include our East Coast - European / African friends / network! This is a gift for our global network which includes YOU!
01:37:02 Joan Michelson: Here's an article about goal-setting with leverage: <https://www.forbes.com/sites/joanmichelson2/2022/01/14/setting-goals-that-celebrate-leverage-and-stretch/>
01:37:10 Jennifer Hough: If you are interested in my book. Unstuck: the Physics of Getting Out of Your Own Way - https://www.amazon.com/UNSTUCK-Physics-Getting-Out-Your/dp/B09RWCMDMR/ref=sr_1_1?crid=SZ8MHJR2XUTP&keywords=Jennifer+Hough+Unstuck&qid=1647050582&srefix=jennifer+hough+unstu%2Caps%2C700&sr=8-1
01:37:55 Yuji Shimada JPN: Thank you very much today. I have to leave today. See you in two weeks. Yuji Shimada, Hamamatsu, Japan
01:38:46 Jennifer Hough: yay
01:38:57 Joan Michelson: The greatest economic shift of 2021 is ESG - environment, social and governance (purpose): <https://www.forbes.com/sites/joanmichelson2/2021/12/27/the-biggest-economic-trend-of-2021-is-esg--people-planet-purpose/>
01:39:16 Jennifer Hough: Thank you for all you do dear Dr. Wright!
01:39:26 Connie Benjamin: Support this beautiful project to empower the Homeless that is being led by Dr. Letitia Wright (Crowdfunding expert) <http://www.adoptahomeless.org> - please connect with her for this loving project - <http://www.wrightplacetv.com> 909 235 9744 drletitia@wrightplacetv.com
01:42:26 Michele Wilson: You are amazing Dr. Wright.
01:42:51 Connie Benjamin: SUPPORT INDIA'S FAMILIES [PayPal.Me/stmothertheresaunive](https://www.paypal.com/uk/mchreco/stmothertheresaunive)
01:43:49 Jennifer Hough: Thank you Connie for keeping it real!
01:43:52 Connie Benjamin: Gifts to keep YOU going through the Global Paradigm Shift!

A gift to support you in building your Economic Engine at <https://moneyandyou.com> - Excelerated Business Success Model - how to create, build and grow a socially-responsible organization. Both in English and Spanish!

Experiential Exercise - <https://fridayswithdoria.com/recovery-magical-exercises/>
Do the Recovery Magical Exercises to support you in clearing multi-generational financial decisions that have been activated during the pandemic or in life... These exercises have been done by some of the financial masters / experts / best selling authors that you see everywhere..Gifts to keep YOU going through the Global Paradigm Shift!

01:44:05 Connie Benjamin: Access To Cash: The New Definition of Wealth...And It's Not What You Think It Is - is now available for only \$6.97 USD in Amazon. You can Search my name: Doria Cordova - and search for name of book to help me with algorithms (learned from David FAGAN!)

Then:

Go to www.AccessToCashBook.com a Bonus Gift:
Chapter 2 of the Money-Making Systems Manual –
20-Page Personal Productivity System:

- Hot Tips For Creating Your “Perfect” Desk And Office
- Steps To Creating Your “Perfect” Desk and Office
- Daily Procedures And Checklists
- How To Manage Yourself To Do The Workload ·and more!

This tool has been used, tested and tweaked by countless entrepreneurs, professionals and educators. It will organize you to focus on more Income-Generating Activities and Create More Leverage! Enjoy!

01:44:16 Connie Benjamin: <https://www.leverageto.cash> – only \$67.

In this easy-to-follow Online Course you will learn distinctions for leveraging your time, money, resources, networks... your energy!

I share distinctions to be more productive which will support you in staying focused on more income-generating activities. You will learn how to separate out the activities you are doing that generate CASH and focus on them. Finally, you will learn the ultimate lesson in LEVERAGE which is to move your business past yourself.

Doria's Online Entrepreneurial 6 1/2 hour Access to Cash Course:

<http://AccessToCashCourse.com> - 42 years plus to support you to create your profitable business / organization (for and non-profit) that will add value to humanity - and create wealth for YOU...


01:44:18 Vijaya Saraswathy One Minute Inspiration: Committed Connie

01:44:32 JOY Megas: Just got 5 confirmations of Money and You club members on clubhouse

01:44:34 Susan Meredith: Stress is another of those Generalized Principles.

This is a somewhat humorous article about the physical/metaphysical

https://humanexcel.com/article_move.pdf Physics is fun!

01:44:35 Dr.h.c Azeeza - GoGLOBAL: She is so divine... love you so much Jennifer 

01:44:35 JOY Megas: YAY!

01:44:45 Tom Chesser: Surely goodness and mercy shall follow me all the days of my life. Align yourself to a greater good. The greatest of these is love. Love thy neighbor as you love yourself. Be kind to mankind.

01:44:48 Connie Benjamin: Here's a message from our Program Director in Australia whom I've known since the '80's - Lee-Anne Carson -

The graphics artist direct email: <gt.upwork@gmail.com>

"Ukraine has touched me directly.

My designer/ powerpoint specialist for all my presentations, brochures and training materials is in Ukraine. I have used him extensively with amazing results. I trust his work and responsiveness for a very reasonable cost.

Can you help him and his family? Please make a difference directly.

01:45:01 Connie Benjamin: <https://LifeWave.com/ChrisMentzel>

I highly recommend the Nanotechnology - Stem Cells - Light-based Patches for Health, Vitality and Youthfulness - I have been using since the beginning of the Covid Pandemic to keep my immune system strong

Do you love PROSPERITY? Business Opportunity for powerful, influential networkers who are looking for ULTIMATE LEVERAGE while bringing Light Wealth Health to the world... If you are not interested, who do you know? You can benefit tremendously from the introduction..

This 4 minute video shows the success of relieving pain on horses and animals

<https://www.youtube.com/watch?v=BJ8EA0fANI0> If you know horse owners, pass the word!

01:45:09 Connie Benjamin: DISC Profile system. Our Business School Instructor, Carol Dysart, has this wonderful gift for you:

<https://globalsparks.com/moneyandyou/freedisc>

Legal Shield is a great service to have to ask for quick legal support and forms as part of the low price membership fee: global888enterprises.wearelegalshield.com - this doesn't replace the need for great legal support.

01:45:09 Jennifer Hough: Awe thank you Azeeza.....

www.TheWideAwakening.com

01:45:13 Susan Meredith: Bodies in motion affect bodies in motion. So get in motion. YOU can't do it wrong!

01:45:26 Jennifer Hough: I LOVE CHERIE!!!!!!

01:45:57 Connie Benjamin: <https://MoneyandYou.com> will be back LIVE to San Diego April 6 - 9

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01:46:28 Ava V Manuel: You are all invited to The LiT Magazine Virtual Red Carpet Launch with Dame Doria DC Cordova as Featured Guest this Thursday, March 17 at 5pm (PST). Register to attend:

<https://www.litmagazineworldwide.com/lit-magazine-launch>

01:46:29 Tom Chesser: Tom Chesser -

<https://riseupmedia-marketing.vcardinfo.com/>

01:46:53 Connie Benjamin:
<https://thewideawakening.com/unstuck-the-physics-of-getting-out-of-your-own-way/>
01:47:14 Connie Benjamin: Incredible!
01:47:28 Joan Michelson: My wandering into The Good Earth for a job in college was a processional event, because I met Bill Galt there, from whom I met Doria and Bucky and learned so much and led to so much more! xxoo
01:47:33 Jennifer Hough: DID ANYONE CONTINUE THAT WORK????
01:47:52 Connie Benjamin: Dame Marcia Martin was Doria's mentor! She shares her extraordinary teachings about leadership, communication, and achieving championship results in the Marcia Martin Club - an online digital library of powerful workshops and seminars that will help you succeed in your life and business.
<https://www.marciamartinclub.com/>
01:48:35 Jennifer Hough: WOW!!!!!!!!!!
01:48:45 JOY Megas: Love Cherie Clark. She's not only a game changer, she's an amazing poet
01:48:53 Connie Benjamin: I want Cherie to create an online program of her work!
01:49:47 Joan Michelson: my aunt founded a ground-breaking foundation to rehabilitate female offenders, using positive principles, lowering their recidivism dramatically
01:50:12 Jennifer Hough: CHERIE, your work is such a gift. I am working with prisons oddly enough. With another organization.....you are magical
01:51:21 Susan Meredith: Procession is moving forward; precession is the 90 degrees result from procession.
01:52:13 Cherie Clark: [Www.SocialSynergetics.com](http://www.SocialSynergetics.com).

Go to my page, at the bottom of my page is a link to 12* of Freedom: Synergetics and the 12 Steps to Recovery

01:53:34 Cherie Clark: It's an annotated bibliography of principles Bucky discovered. Full of illustrations to make studying the principles easier
01:53:50 JOY Megas: <https://www.socialsynergetics.com/site/home>
01:56:21 Kelly yourbookdesigned.com: In procession, I offer personalized writer retreats, creative coaching, and book design. <https://yourbookdesigned.com>
01:57:15 Kay Ross: I invite you all to visit "The Playground of Possibilities" - that's my project, and a card deck with 52 "What if?" questions to ask yourself, so that you choose more useful thoughts, beliefs and stories about yourself and the world, take inspired action, and improvise new, more resourceful, more joyful ways of being. I'm Kay Ross in Hong Kong (Money & You grad, Adelaide, March 1989)
<https://playgroundofpossibilities.com>

02:01:07 Tom Chesser: Amazing People Do Not Just Happen. Change is the essence of life. Surrender who you are for what you can become. Ignite Your Essence. - Recent TV interview, Tom Chesser
02:03:34 Tom Chesser: Your Passion + Your Purpose = Your Success
02:03:37 Cherie Clark: Joy input a direct link to my dissertation.
02:05:35 Connie Benjamin: Jennifer's Free Gift:
www.TheWideAwakening.com/3Days

Connect with Jennifer

Website: www.TheWideAwakening.com
Email: Jennifer@TheWideAWakening.com
www.Facebook.com/wideawakening
www.facebook.com/groups/twaplayground
<https://www.instagram.com/thewideawakening/>
<https://www.linkedin.com/in/jenniferlhough/>

Jennifer's book "UNSTUCK: The Physics of Getting Out of Your Own Way" is now an International Best Seller in 7 Countries! Want the Resource book and the Workbook? Sign up for notifications and buy the book at
<https://thewideawakening.com/unstuck-the-physics-of-getting-out-of-your-own-way/>

02:05:43 Connie Benjamin: <https://MoneyandYou.com> will be back LIVE to San Diego April 6 - 9

We have an awesome Affiliate program if you wish to create another Income Generating Activity or to create being in the event, please contact me: info@moneyandyou.com or text my office: 1 619 224 8880 - thank YOU! Would love you there!

Always looking for JV partners to collaborate -- to support us all in expanding our global markets.

02:12:00 Kay Ross: The Universe gives you a tap on the shoulder... or a Mac truck.

02:12:23 Yannick Kinnie: Did Jack Canfield write the book first or present the thesis?

02:13:24 Dr.h.c Azeeza - GoGLOBAL: Its happening for you

02:13:28 Dr.h.c Azeeza - GoGLOBAL: Not to you

02:14:15 Michele Wilson: You're Cordially Invited to LiT Magazine Red Carpet Event March 17th at 7:00 pm -

<https://www.litmagazineworldwide.com/lit-magazine-launch>

02:15:59 Cindi B Ruiz: Jennifer book is a Great Read.

02:16:00 Dr.h.c Azeeza - GoGLOBAL: For Trainers/Coaches and Consultants to join hands in the world's first of its kind Conscious leaders community to uplift business leaders from Asia.

Apply for free at

www.globalsparks.com/consciousleaders

02:16:28 Tom Chesser: Procession & Progress will get Push Back. That is sometimes the way you know you are headed in the right direction. It can give you the best Feedback.

02:16:39 Dr.h.c Azeeza - GoGLOBAL: We are the ocean in a drop

02:23:12 Gina: frozen

02:25:52 Connie Benjamin: <https://MoneyandYou.com> will be back LIVE to San Diego April 6 - 9

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02:26:12 Ava V Manuel: <https://fb.watch/bHN9YK21AE/>

02:26:23 Connie Benjamin: Gifts to keep YOU going through the Global Paradigm Shift!

A gift to support you in building your Economic Engine at <https://moneyandyou.com> - Excellerated Business Success Model - how to create, build and grow a socially-responsible organization. Both in English and Spanish!

Experiential Exercise - <https://fridayswithdoria.com/recovery-magical-exercises/>
Do the Recovery Magical Exercises to support you in clearing multi-generational financial decisions that have been activated during the pandemic or in life... These exercises have been done by some of the financial masters / experts / best selling authors that you see everywhere.. Gifts to keep YOU going through the Global Paradigm Shift!

02:28:49 Ava V Manuel: Shout out to Tom Chesser for a very empowering and authentic interview with Michelle Q. at IGNITE Your Essence. You can watch it here: <https://fb.watch/bHN9YK21AE/>

02:29:04 Connie Benjamin: Gifts to keep YOU going through the Global Paradigm Shift!

A gift to support you in building your Economic Engine at <https://moneyandyou.com> - Excellerated Business Success Model - how to create, build and grow a socially-responsible organization. Both in English and Spanish!

Experiential Exercise - <https://fridayswithdoria.com/recovery-magical-exercises/>
Do the Recovery Magical Exercises to support you in clearing multi-generational financial decisions that have been activated during the pandemic or in life... These exercises have been done by some of the financial masters / experts / best selling authors that you see everywhere..Gifts to keep YOU going through the Global Paradigm Shift!

02:29:41	Vijaya Saraswathy One Minute Inspiration:	Getting out of survival
02:29:49	Vijaya Saraswathy One Minute Inspiration:	The first and foremost
02:29:56	Vijaya Saraswathy One Minute Inspiration:	Love you Doria
02:30:07	Vijaya Saraswathy One Minute Inspiration:	I am now coming out of survival
02:30:29	Vijaya Saraswathy One Minute Inspiration:	I am going to pay myself first
02:30:59	Vijaya Saraswathy One Minute Inspiration:	Precession is the Key to all of it
02:31:18	Vijaya Saraswathy One Minute Inspiration:	Universe is so generous
02:31:19	Al Chan:	does precession exist in 4/5th dimension?
02:31:51	Vijaya Saraswathy One Minute Inspiration:	Productive Question How can I get into receiving mode?
02:32:04	Vijaya Saraswathy One Minute Inspiration:	Your Job is not to ask WHY
02:32:15	Vijaya Saraswathy One Minute Inspiration:	But to align with the ANSWERS
02:32:24	Dr.h.c Azeeza - GoGLOBAL:	ALIGN with the answers ... YES
02:32:55	JOY Megas:	Precession is like the parades at Disneyland!!
02:37:07	Joan Michelson:	Here's my Forbes article again on Europe expediting their transition off oil/gas: https://www.forbes.com/sites/joanmichelson2/2022/02/26/europe-expedites-transition-to-clean-energy-due-to-ukraine-invasion/
02:37:35	Lorna S:	Thank you Jennifer for bringing precession to my awareness.
02:37:46	Connie Benjamin:	https://MoneyandYou.com will be back LIVE to San Diego April 6 - 9

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Always looking for JV partners to collaborate -- to support us all in expanding our global markets.

02:38:18 Connie Benjamin: Dame Marcia Martin was Doria's mentor! She shares her extraordinary teachings about leadership, communication, and achieving championship results in the Marcia Martin Club - an online digital library of powerful workshops and seminars that will help you succeed in your life and business.

<https://www.marciamartinclub.com/>

02:41:22 Dr.h.c Azeeza - GoGLOBAL: So important ... that's powerfully important... Slow down to Speed up

02:42:59 Nancy Flowers Kom: This is so good. Thank you Jennifer

02:44:32 Joan Michelson: @joy - Own your intellect, your brainpower xxoo

02:45:28 Joan Michelson: @Joy - You don't need to be exuberant to get what you want and need. If you own your brainpower, it will shine more

02:46:22 Connie Benjamin: <https://MoneyandYou.com> will be back LIVE to San Diego April 6 - 9

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02:46:50 Richard Powell: Looking forward to April 6 / 9

02:47:11 Richard Powell: San Diego

02:47:43 Joan Michelson: @joy is well-named!

02:48:22 Tom Chesser: Thank you Dame Doria for sharing this experience.

02:48:51 Rev Michael Long: Thank you Jennifer and thank you Doria, blessings everyone  

02:48:53 Susan Meredith: Go to www.mentamorph.com and scroll down on the home page to see a short video of the financial game!

02:48:56 Lorna S: Thank you Dame Doria for sharing Jennifer.

02:49:16 Connie Benjamin: <https://MoneyandYou.com> will be back LIVE to San Diego April 6 - 9

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02:49:38 Tom Chesser: Thank you Jennifer and Dame Doria

02:51:49 Yannick Kinnie: I was given a Corky Cool Shapes surfboard and I am giving it to my shaper who's the best at remodeling boards

02:52:28 Connie Benjamin: <https://MoneyandYou.com> will be back LIVE to San Diego April 6 - 9

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02:52:50 Diana Mund: Hi James 😊

02:55:36 Ava V Manuel: The moment you commit, all manner of resources line up. Thank you James Caldwell!

02:56:01 Tom Chesser: JB Owen from Ignite Publishing - Ignite The Possibilities just released her new book. Ignite The Hunger In You with Les Brown.

02:56:02 Kong Choon Yen: Thank you for the sharing.

02:56:34 JOY Megas: LAX to Australia only \$1100

02:57:14 Chris Mentzel: HNL to SYD \$188

02:57:57 Susan Meredith: This is the Commitment poem James mentioned that was/(is?) introduced in Money & You. It was so meaningful to my husband and I that it was spoken at our wedding!

<https://mindfulness4stressreduction.com/2013/03/01/commitment-johann-wolfgang-von-goethe/>

02:59:12 Dr. Serge Gravelle (GlobalSparks): If you are or know a non-profit entity, there is a new and free fundraising vehicle being created by a few Money & You and BSE grads. It is called 1plucky and all they need right now is as many non-profit entities (already registered or in the process to be) to fill out a 2 question survey at <https://goglobalsparks.com/1plucky> - this is a great project aiming at helping non-profits to be funded at no cost.

03:04:32 Connie Benjamin: <https://MoneyandYou.com> will be back LIVE to San Diego April 6 - 9

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03:04:58 Connie Benjamin: DISC Profile system. Our Business School Instructor, Carol Dysart, has this wonderful gift for you:

<https://globalsparks.com/moneyandyou/freedisc>

03:06:21 Connie Benjamin: Jennifer's book "UNSTUCK: The Physics of Getting Out of Your Own Way" is now an International Best Seller in 7 Countries! Want the Resource book and the Workbook? Sign up for notifications and buy the book at <https://thewideawakening.com/unstuck-the-physics-of-getting-out-of-your-own-way/>

03:06:56 Susan Meredith: My dog is bugging me to go for a walk so I'm going to disappear. Thanks much for tonight!

03:07:14 Connie Benjamin: Thank you for what you shared @Susan!

03:07:21 Jennifer Hough: Hugs

03:07:40 Ava V Manuel: honored to have Dame Doria as the Featured Guest!<https://www.litmagazineworldwide.com/lit-magazine-launch>

03:07:46 Joseph Ng: The Playground of Possibilities

03:07:47 Ava V Manuel: You're Cordially Invited to LiT Magazine Red Carpet Event March 17th at 7:00 pm

03:07:50 Jennifer Hough: Hugs Monette 🍷🍷🍷🍷🍷

03:08:22 Joseph Ng: <https://playgroundofpossibilities.com/>

03:11:00 Connie Benjamin: <https://MoneyandYou.com> will be back LIVE to San Diego April 6 - 9

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03:11:45 Jennifer Hough: You go girl

03:12:01 Kay Ross: "The Playground of Possibilities" - my project and card deck <https://playgroundofpossibilities.com>

And my TEDx talk about how life is an improvisation game and a playground of possibilities. The theme of the whole day was "Unscripted".

<https://www.youtube.com/watch?v=r4yibOcdFQc>

03:12:04 Tom Chesser: Lit Magazine Article is impacting the world <https://worldwidebusinesstrendsetter.com/dame-doria-dc-cordova-reveals-how-she-has-found-the-perfect-sync-between-money-mindset-and-peace-in-lit-magazine-worldwide/>

03:12:22 Connie Benjamin: Dame Marcia Martin was Doria's mentor! She shares her extraordinary teachings about leadership, communication, and achieving championship results in the Marcia Martin Club - an online digital library of powerful workshops and seminars that will help you succeed in your life and business. <https://www.marciamartinclub.com/>

03:13:51 Dr.h.c Azeeza - GoGLOBAL: Thank you very much everyone 🇲🇻🇲🇻🇲🇻

03:13:54 Connie Benjamin: Jennifer's Free Gift: www.TheWideAwakening.com/3Days

Connect with Jennifer

Website: www.TheWideAwakening.com
Email: Jennifer@TheWideAWakening.com
www.Facebook.com/wideawakening
www.facebook.com/groups/twaplayground
<https://www.instagram.com/thewideawakening/>
<https://www.linkedin.com/in/jenniferlhough/>

Jennifer's book "UNSTUCK: The Physics of Getting Out of Your Own Way" is now an International Best Seller in 7 Countries! Want the Resource book and the Workbook?

Sign up for notifications and buy the book at

<https://thewideawakening.com/unstuck-the-physics-of-getting-out-of-your-own-way/>

03:16:47 Fuen Yee: Signing off now to get my poodle son for his walk. Thank you for the delightful and amazing Precision session today. Thank you, DC and Jennifer.

Have a very beautiful weekend, everyone! Please do attend Money & You to absorb the essence of Money & You - highly recommended.

03:17:32 Ava V Manuel: You're Cordially Invited to LiT Magazine Red Carpet Event March 17th at 7:00 pm -

<https://www.litmagazineworldwide.com/lit-magazine-launch>

03:18:27 Connie Benjamin: For more information about the business school email info@moneyandyou.com

03:18:54 Ava V Manuel: Change is the essence of life. Surrender who you are for what you can become. Ignite Your Essence Recent TV interview with Tom Chesser

<https://fb.watch/bHN9YK21AE/>

03:20:16 Irene Yap: Thank you Jennifer for your awesome sharing, Thanks Doria, Connie and everyone else for making this session possible and sharing too.

Have a lovely weekend!

03:20:50 Connie Benjamin: <https://MoneyandYou.com> will be back LIVE to San Diego April 6 - 9

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03:20:52 Kay Ross: I moved from Adelaide, Australia, to Hong Kong in September 1993 to assist at the first Money & You here - and I stayed.

03:21:13 Joseph Ng: Miss you, Kay

03:21:29 Joseph Ng: I moved back to Malaysia after almost 20 years in HK
03:21:57 Daniel Ng: Thank you From Singapore 