Fridays With Doria & Friends - Dr. Laurie Weiss

Laurie's Free Gifts

Reduce Worry, Starting Now Program
Less than 10 minutes/day for only 7 days.
http://www.LaurieWeiss.com

Rapidly Resolve Public Speaking Panic A 10-minute process video www.BooksByLaurie.com/speak

Connect with Dr. Laurie Weiss

Website: http://www.LaurieWeiss.com

Email: <u>LaurieWeiss@EmpowermentSystems.com</u>

Social media links: https://linktr.ee/laurieweiss

Read Laurie's book that was discussed during the event https://www.amazon.com/dp/B09P7RGTL5?searchxofy=true&binding=kindle_edition&qid=1653096389&sr=1-1

Event notes

- When Laurie had her private practice, she realized that she needed to learn about money
- She read a book about investing and went to Money & You
- She is a Master Certified Coach too

A question "how come people don't use what they know about money?"

- Laurie started putting out this question to people in the coaching world and was asked if she would write a book
- The more she explore,d the more interested she got
- Laurie worked with one client who was a multimillionaire and she wanted to retire but she was terrified to retire because she was scared of being a bag lady which most people do have that fear

 Laurie worked with her and helped her to understand that when she was young, she had an experience where her money disappeared and that is how her fear about money started

What are the top 3 misunderstandings about money?

- Stories and energy
- So many of us believe that everything is about the story what happened and how did it influence us? But there is another level that we don't always look at
- Look at it from the point of energy rather than the story

What does energy mean?

- The connection with all that is universal vibration
- How can we get back to that energy?
- Laurie was at a conference in Montreal and her friends wanted to go to a Mexican restaurant. Laurie didn't want to go because she couldn't have spicy food or be around too much noise. The food was so spicy, the restaurant was really noisy. She went to the parking lot and did her breathing and tapping. A friend came out and she told him what happened. He asked her to say words with him. She did and she felt this most profound relaxation and she was stunned. Since that time she has never been overwhelmed by noise. She wanted to learn more about the practice that helped her.
- It helped her innermost self to release an energy block that she had
- Instead of retiring, she realized that she needed to learn how to release energy blocks and help others to do this as well
- The practice helps them release the energy without all of the work and the hours of practice

Her life's work is making the world a safer place for children

What is the most common erroneous way of thinking that prevents people from being successful?

- All the beliefs we were told about money
- Underlying most of them is a belief that I am not enough and have to prove myself to the world
- Because of this, when many people go to do something, they go to a certain level and then one of those beliefs kicks in and they are stuck
- There are so many hidden deep things that we have no idea that they are there but we do have reactions - it's important to pay attention to the reactions

Why is there such a disparity between wealthy people and people who are poor? What can we do about it?

- When you look deeply it's because of the damage they are trying to control
- Doria told the story about two teams that are competing for 100 million dollars to make a positive impact on the environment and she noticed that they were exemplifying cooperation
- The more that we ask Buckminster Fuller's question about making the world better for humanity - the more the world shifts for the better
- Laurie shared that one of her mentors taught her "your job is to teach what you know"
- Create leverage in small ways to help us all win together

How do we support our youth?

- It's not about overcoming the blocks, it's about dissolving them
- They need the energetic tools to help them get out of their own way

How can we support youth in going from survival to thriving?

- Tell them it's okay to feel the way they feel, and to talk about it
- The biggest problem is silence and shame there is nothing worse than shame
- Give them permission and examples from your hurt from what you feel and how you feel it

Triggers

 We all have triggers and we need to use those trigger topics as we do the exercises that Laurie demonstrated during the event

Chat

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you all of you. Yuji Shimada Japan				
00:52:08	Dr. Letitia Wright:	Greetings everyone	@thecrowdfundingexpert on	
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00:52:16	Dr. Letitia Wright:	So Cal- Rancho Cucamonga		
00:53:14	Connie Benjamin:	That is such a great story!		
01:02:18	Yuji Shimada JPN:	Amazing!Terrific Ken Honda!		

01:18:29 Shmiko Cole - CEO LiT: Barbie has a question on Clubhouse - Shall we bring her up?

01:22:01 Loke: Unlikely Doria will be reading the chat

01:23:47 Shmiko Cole - CEO LiT: Thank You all set

01:26:19 will wilkinson: My biz partner and I have just launched an app for

young entrepreneurs. Free registration and access for a year here:

http://thriving.passion.io and https://thriving.passion.io

01:26:35 Connie Benjamin: Amazing @Dr. Wright!

01:26:55 Connie Benjamin: Who is new to Fridays With Doria?

01:27:18 Shmiko Cole - CEO LiT: Thank You Mr. Will - Happy to share

01:27:56 Shirini Miranda: It is not overcoming, it is dissolving. Gently letting them go (blocks). Create synergy and have them work together. Get them out of their own way. - Laurie Weiss

01:29:05 Shmiko Cole - CEO LiT: Mr Will can we set up an live TV Interview with you?

01:30:52 Rev Michael Long: Unfortunately I have to run, I'll have to catch the replay, and will do my best to stay tuned in clubhouse...as always thank you for hosting this Doria, and thank you for your sharing Laurie...Cheers to us removing any money blocks~blessings everyone

Rev Michael (Michael@lightandlove.ca, www.lightandlove.ca) Sat Nam 🙏 🤎

01:31:16 Connie Benjamin: Support this beautiful project to empower the

Homeless that is being led by Dr. Letitia Wright (Crowdfunding expert)

https://crowdfundednow.com/adopt-a-homeless-person/ - please connect with her for this loving project - http://www.wrightplacetv.com 909 235 9744

drletitia@wrightplacetv.com

01:32:32 Connie Benjamin: HO'OPONOPONO PRAYER BY ZOOM & CLUBHOUSE every other Friday get link at: https://FridaysWithDoria.com - 11 am California Fridays (NEW TIME) to include our East Coast - European / African friends / network! This is a gift for our global network which includes YOU!

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Then:

Go to www.AccessToCashBook.com a Bonus Gift: Chapter 2 of the Money-Making Systems Manual – 20-Page Personal Productivity System:

• Hot Tips For Creating Your "Perfect" Desk And Office • Steps To Creating Your "Perfect" Desk and Office • Daily Procedures And Checklists • How To Manage Yourself To Do The Workload ·and more!

This tool has been used, tested and tweaked by countless entrepreneurs, professionals and educators. It will organize you to focus on more Income-Generating Activities and Create More Leverage! Enjoy!

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Clubhouse @DoriaCordova

Also, Follow in Clubhouse the Money & You Club – and get an invitation into Clubhouse's Fridays With Doria event!

To learn more about Doria Cordova and her work: https://DCCordova.com

https://www.facebook.com/DCCordova

https://www.linkedin.com/in/dccordova/

https://www.instagram.com/damedccordova/

https://twitter.com/dccordova

https://www.facebook.com/moneyandyou

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Doria ♥ ♥ ♥

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https://www.facebook.com/DCCordova

https://www.linkedin.com/in/dccordova/

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02:21:43 Al Chan: great stuff Logosynthesis, Laurie! 😎 😚