00:53:39 Sandra Ann Michaud: Happy Aloha Friday All! From Oahu, HI!

00:53:54 Dr. Serge Gravelle (GlobalSparks): Hello everyone! Welcome to Fridays With Doria & Friends!

00:55:47 Dr. Wright: Adopt a homeless without taking them home- you can donate here and find out more about what we do! https://givebutter.com/adoptahomeless

00:56:54 Bruce Seah: Hi, Bruce from Singapore, I have an irresistible offer at my blog http://www.BruceSeah.com God bless you!

00:57:44 Dr. Wright: Hi Chris!! I didn

00:57:55 Jacy Wee | M&Y Team Malaysia: Selamat Pagi...

Good morning from Malaysia!

Feel free to save my number when you visit Malaysia +60177288649

Connect with me on Facebook (let me know we met at Fridays with Dorai) https://www.facebook.com/jacy.wee/

Linkedin https://www.linkedin.com/in/jacy-wee/

Instagram: jacy.lovegeneratorcoach

Follow us to get updates on Money & You in Asia & Breakthrough Conversations - Globe Success Learning Sdn Bhd https://www.facebook.com/globesuccesslearning

00:59:05 Dr. Wright: HI Maria!!!!! OOO You got your hair all curly again!!! Yay !! lol

00:59:56 Asniza Mamat:Reacted to "Selamat Pagi... Good m..." with

01:00:22 Juanita Carpenter: Replying to "Selamat Pagi... Good m..."

Just sent you a Link...

01:01:33 Maria Simone- ZenMoose Capital: Reacted to "HI

Maria!!!!! OOO Y..." with 🥰

01:02:07 Jacy Wee | M&Y Team Malaysia: WOW! That's awesome!

01:02:16 Jacy Wee | M&Y Team Malaysia: We learn best when

having fun

01:02:31 Asniza Mamat:Reacted to "We learn best when h..."

with 🤎

01:02:43 Dr. Wright: He shares the model of the wealthiest people to share so we can live our best life and serve people 01:05:31 Bruce Seah: Yes, I'm teaching people how to make money with no money at my blog and youtube channel. http://www.BruceSeah.com

01:05:35 JOY Megas: This is no coincidence!

Come be with us... Plan for it!

Save these dates - Upcoming Money & You happening worldwide 2023 - 2024 in English, Japanese, Bahasa, and Mandarin - Graduates Registration here (Free Review, Be A Receiver,

Volunteer on Superlogs / Registration Team) >> * https://tinyurl.com/MNYWW-Review24

- 29 31 December 2023 (Shanghai, China Chinese)
- 19 21 January 2024 (Malaysia Chinese)
- 15 18 February 2024 (Tokyo, Japan Japanese)
- 25 28 April 2024 (Wyndham Klang, Malaysia English)
- 1 4 May 2024 (San Diego, USA English)
- 1 4 August 2024 (Wyndham Klang, Malaysia Bahasa)
- 4 8 September 2024 (Brisbane, Australia English)
- 17 20 October 2024 (Wyndham Klang Japanese)
- 24 27 October 2024 (Wyndham Klang, Malaysia English)

To register as a new participants:

USA: www.MoneyandYou.com

MALAYSIA: www.GlobeSuccessLearning.com

01:07:22 Dame Doria (DC) Cordova: Free Gifts from Garrett: GarrettGunderson.com/offer two books for free GarrettGunderson.com/quiz money persona quiz GarrettGunderson.com/richlife Amazing package of Legacy Toolkit, Financial Health Assessment, Soul Purpose Activator

MoneyUnmasked.com for the book.

01:11:15 Jacy Wee | M&Y Team Malaysia: Economic Independence vs Retirement

Love it

01:13:27 Dame Doria (DC) Cordova: A gift to support you in building your Economic Engine at https://moneyandyou.com - Excellerated Business Success Model - how to create, build and grow a socially-responsible organization. Both in English and Spanish!

01:14:35 JOY Megas: GARRET GUNDERSON Money & You ZOOM

- 1. Relations
- 2. Ideas
- 3. Values
- 4. Exchange

Our relationship to money is the relationship to ourselves.

Hence, Money & You.

OLD PARADIGM = OP "Takes Money to make money." "High Risk = High Return"

Money x Rate x Time

"Where does it end?"

01:14:42 Jacy Wee | M&Y Team Malaysia: Reacted to "Just

sent you a Link..." with 🤎

01:15:02 Yasmin M: Reacted to "GARRET GUNDERSON

Mon..." with 💚

01:15:25 Rina Cohen: The free gift offer has closed off?

01:15:53 Dr. Wright: The offer is still on the page, just scroll

down

01:17:24 Rina Cohen: Replying to "The offer is still o..."

There is just a U tube link when you scroll down. May be because I am in Australia

01:18:45 Rina Cohen: Replying to "The offer is still o..."

Found it

01:19:16 Garrett Gunderson: Garrett.live is my YouTube channel or youtube.com/garrettgundersontv

01:19:35 Rina Cohen: Reacted to "Garrett.live is my Y..." with



01:20:05 Jacy Wee | M&Y Team Malaysia: Reacted to

"Garrett.live is my Y..." with 💗

01:20:09 Asniza Mamat:Reacted to "Garrett.live is my Y..." with



01:20:25 Jacy Wee | M&Y Team Malaysia: Replying to "Garrett.live is my Y..."

Thank you for sharing! Subscribe and following

01:20:26 Asniza Mamat: Done subscribe his you tube

01:21:52 JOY Megas: NEW PARADIGM

- 1. Economic Independence
- 2. Investor DNA
- 3. Designing the GAME
- 4. LIVING WELL

01:22:44 Dame Doria (DC) Cordova: https://

MoneyandYou.com will be back LIVE to San Diego May 1 - 4, 2024

We have an awesome Affiliate program if you wish to create another Income Generating Activity or to create being in the event, please contact me: info@moneyandyou.com or text my office: 1 619 224 8880 - thank YOU! Would love you there!

Always looking for JV partners to collaborate and refer participants to www.MoneyandYou.com -- and to support YOU all in expanding our global markets.

01:25:35 JOY Megas: "ARROGANCE is when we expect other people to love us more than we love ourselves."

01:25:58 Chris Mentzel: Free Gifts from Garrett:

https://GarrettGunderson.com/offer - two books for free https://GarrettGunderson.com/quiz - money persona quiz https://GarrettGunderson.com/richlife - Amazing package of Legacy Toolkit, Financial Health Assessment, Soul Purpose Activator

Go to: https://MoneyUnmasked.com for the book.

01:27:16 Sophia Olivas: Reacted to ""ARROGANCE is when w..."

with 🤑

01:27:39 JOY Megas: VELOCITY does not = INCREASED OUT PUT

01:27:47 Rina Cohen: Garrett your approach to wealth is unique and I have seen the way you embellish it with comedy and this makes it fun. Thank you for sharing your wisdom, life experience with honesty and integrity.

01:27:50 JOY Megas: NEW PARADIGM

3 THINGS = 1 STATEMENT

BE MORE EFFICIENT

&

BE MORE EXPANSIVE

01:27:57 JOY Megas: 3 WAYS to EXPAND MONEY POWER

- 1. REDUCE TAXES
- 2. REDUCE PAYING INTEREST/ INCREASE INTEREST EARNING
- 3. INVESTING:
- a. BUSINESS

- b. REAL ESTATE
- c. INTELLECTUAL PROPERTIES
- 4. INSURE ONLY CATASTROPHIC EVENTSS
- 5. PLUG THAT LEAK

01:28:05 Dame Doria (DC) Cordova: Go to https://www.accesstocashbook.com a Bonus Gift: Chapter 2 of the Money-Making Systems Manual – 20-Page Personal Productivity System:

• Hot Tips For Creating Your "Perfect" Desk And Office • Steps To Creating Your "Perfect" Desk and Office • Daily Procedures And Checklists • How To Manage Yourself To Do The Workload · and more!

This tool has been used, tested and tweaked by countless entrepreneurs, professionals and educators. It will organize you to focus on more Income-Generating Activities and Create More Leverage! Enjoy!

Plus, a Recommended Reading and Resources Page! 01:28:10 JOY Megas: ALTERNATE TO "BUDGETING"

- 1. ACCELERATION
- 2. EFFICIENCY

01:28:23 JOY Megas: EXPAND OUR MEANS

INVEST IN SKILL SETS:

- 1. SALES
- 2. MARKETING
- 3. TECH
- 4. COMMUNICATION
- 5. RELATIONSHIPS
- 6. PERSONAL DEVELOPMENT

7.

8. MASTERY

01:28:32 JOY Megas: MASTERY

Remember, invest in YOURSELF!

Invest in a QUALITY of LIFE!

INVEST in CASH FLOW ASSETS!

01:28:42 JOY Megas: "ARROGANCE is when we expect other people to love us more than we love ourselves."

ROAD to WEALTH

- 1. FOCUS
- 2. PICK A LANE
- 3. MASTER IT

3 WAYS TO MAKE MONEY WORK FOR YOU....

- 1. BUSINESS
- 2. INTELLECTUAL PROPERTY
- 3. REAL ESTATE that YOU CAN TOUCH!!

01:29:03 JOY Megas: Like a gym... develop your muscle of being a better being

01:29:10 JOY Megas: What can I learn from other people

01:29:14 JOY Megas: About myself

01:30:01 JOY Megas: WE instead of ME or YOU

01:30:32 Bruce Seah: I love this flipchart: words from

Buckminster Fuller, "Integrity is the essence of everything." It is the foundation of your business and your life.

01:30:44 Asniza Mamat:Reacted to "I love this flipchar..." with



01:31:25 Sophia Olivas: Reacted to "Like a gym... develop ..."

with 🦾

01:32:02 Bruce Seah: The law of attraction is working all the time, at my home-based office, I have a beautiful oil painting with Buckminster Fuller's words "Integrity is the essence of everything."

01:32:18 Asniza Mamat:Reacted to "The law of attractio..." with

(

01:32:32 JOY Megas: Reacted to "The law of attractio..." with



01:32:36 JOY Megas: Reacted to "I love this flipchar..." with 01:32:43 JOY Megas: CONNECTING WITH AUTHENTICITY

- 1. Learn to become conscious
- 2. Be compassionate
- 3. Discover that which we judge others is that within ourselves that we are uncomfortable
- 4. Pain puts us in proximity of the lessons.
- 5. Pick someone you can unconditionally love and pour your love
- 6. HOBBY: Have fun & lose track of time.
- 7. Write yourself a love letter.
- 8. Be kind
- 01:32:54 Asniza Mamat:Reacted to "CONNECTING WITH

AUTH..." with

01:33:08 Jacy Wee | M&Y Team Malaysia: Reacted to

"CONNECTING WITH AUTH..." with

01:33:39 JOY Megas: What is it that I am trying to:

- 1. PROTECT
- 2. DEFEND
- 3. CONTROL

01:34:06 JOY Megas: Why am I trying to:

- 1. PROTECT
- 2. DEFEND
- 3. CONTROL?

01:35:00 JOY Megas: Be of SERVICE!

Know you are WORTHY!!!

Handwrite DON'T TYPE!

01:35:10 JOY Megas: Protecting 01:35:13 JOY Megas: Defending

01:35:19 JOY Megas: Trying to Control

01:37:14 Dame Doria (DC) Cordova: https://www.leverageto.cash – only \$67.

In this easy-to-follow Online Course you will learn distinctions for leveraging your time, money, resources, networks... your energy!

I share distinctions to be more productive which will support you in staying focused on more income-generating activities. You will learn how to separate out the activities you are doing that generate CASH and focus on them. Finally, you will learn the ultimate lesson in LEVERAGE which is to move your business past yourself.

01:37:54 Yasmin M: Reacted to "https://www.leverage..." with



01:38:18 Nurhani: Reacted to "I love this flipchar..." with 01:41:04 Bruce Seah: Yes, you can speak wealth into existence! Money is you! Do the right things and you'll have lots of money. God bless you!

01:41:22 Jacy Wee | M&Y Team Malaysia: Wealth is built on the conversations we have

Prosperity is not a do it yourself game

Prosperity is a game of collaboration

01:41:25 JOY Megas: If anyone would like my notes that I will re-write later, please email me... joymegas@gmail.com OR call me 562-841-1100

01:42:21 Dr. Wright: Hey Peter!

01:42:28 Bruce Seah: I've just launched the "MONEY IS JUST AN IDEA" international club, to know more connect with me at my blog http://www.BruceSeah.com or my TikTok channel bruceseah1 and youtube channel.

01:42:53 JOY Megas: Reacted to "I've just launched t..." with



01:43:20 Dr. Wright: I totally speak to my ai and thank them and get some really good results from that.

01:43:27 JOY Megas: OMG BRUCE! Your a YOUTUBE

celebrity!!

01:43:33 JOY Megas: Reacted to "I totally speak to m..." with

01:46:07 JOY Megas: svcs@comb.org

01:46:12 JOY Megas: Is that right?

01:46:16 Garrett Gunderson: services@comv.org

01:46:22 Garrett Gunderson: Weston

01:46:52 Chris Mentzel: https://www.comv.org/author/westonchilders/

01:47:03 Garrett Gunderson: Westons work: https://vimeo.com/ 831564693/0638df03c9

01:47:08 Bruce Seah: Thank you. Please subscribe to my YouTube Channel for free. I wrote the song "I Wrote That Song" yes, I'm a songwriter too and an evangelist because God save my life many times! God bless you!

01:47:31 Barbie Layton: Reacted to "Thank you. Please

su..." with

01:47:34 JOY Megas: Technological Intelligence is sentient.

01:47:55 JOY Megas: Let's be INCLUSIVE and respect DOGS,

CATS. & TECH...

01:48:28 Barbie Layton: I say please and thank you to Siri

and chat gpt... such important work! // // www.

01:48:29 JOY Megas: Tell people and technology wonderful things...

01:48:43 Barbie Layton: Love your mission Peter!

01:48:44 JOY Megas: FLOOD with LOVE

01:48:45 Dr. Wright: me too Barbie!

01:48:54 Rina Cohen: How do you teach something inanimate to feel, real challenge. Love you are thinking that way

01:49:15 Bruce Seah: Yes, love is the answer and love is the way. There are wars because the leaders don't understand what

love is all about.

01:49:21 Barbie Layton: Reacted to "me too Barbie!" with

01:49:38 JOY Megas: "That is my teacher of unconditional

love.

01:50:35 Maria Simone- ZenMoose Capital: So great to see you again Garrett...beautiful sharing! Thanks Doria and everyone. 01:50:40 Bruce Seah: Money don't grow on trees, it grows in your head!

01:50:42 Garrett Gunderson: https://vimeo.com/

835662682/9abce6168f?share=copy

01:50:44 Garrett Gunderson: comedy

01:51:25 Sophia Olivas: Reacted to "Money don't grow on ..."

with 👍

01:54:26 Dame Doria (DC) Cordova: Do you love LIGHT HEALING? Do you love HEALTH?

https://LifeWave.com/ChrisMentzel

I highly recommend the Nanotechnology - Stem Cells - Lightbased Patches for Health, Vitality and Youthfulness - I have been using since the beginning of the Covid Pandemic to keep my immune system strong

Do you love PROSPERITY? Business Opportunity for powerful, influential networkers who are looking for ULTIMATE LEVERAGE while bringing Light Wealth Health to the world... If you are not interested, who do you know? You can benefit tremendously from the introduction..

This 4 minute video shows the success of relieving pain on horses and animals https://www.youtube.com/watch? v=BJ8EA0fANI0 If you know horse owners, pass the word! 01:56:51 Rina Cohen: Susan Barton is a legend. Lighthouse Foundation amazing.

01:57:47 JOY Megas: BE AN ELF for the HOLIDAYS!! Like me...

01:58:13 Bruce Seah: I got a question for Garrett: what is your definition of money and what is the best way to multiply it?
01:58:24 Dr. Wright: Adopt a homeless without taking them

home- you can donate here and find out more about what we do! https://givebutter.com/adoptahomeless

01:59:09 Lanai Cecile: And you as well, Dr. Wright 01:59:21 Rev Michael Long: speaking of what Doria's mentioning, it isn't the easiest time of year for many. If you can use some support and can use a Rev brother to vent with please reach out. Michael@lightandlove.ca text: 416-457-4075 www.lightandlove.ca

01:59:55 Marlon Mueller: Reacted to "speaking of what

Dor..." with

02:00:07 Lanai Cecile: Reacted to "speaking of what Dor..." with

02:00:22 Lanai Cecile: Reacted to "Adopt a homeless wit..."

with 🤓

02:00:38 Garrett Gunderson: Money is a by-product of value creation, to make and multiple more of it comes from developing mental capital to serve, solve problems and add value to people (relationship capital).

02:00:49 JOY Megas: I love you Rev. Michael

02:00:57 Garrett Gunderson: More value you create, the more money you make. The more impact the more money. The more you reach, the more money.

02:01:25 Rev Michael Long: Replying to "I love you Rev. Mich..."



02:01:36 Bruce Seah: Help support my three major pay-it-forward projects in any way you can. help feed hungry children, build wells to provide clean drinking water and support organizations that are stopping child trafficking. I highly recommend you watch the documentary movie "The Sound of Freedom"

02:02:04 Garrett Gunderson: Reacted to "So great to see you ..."

with 💚

02:02:10 Jacy Wee | M&Y Team Malaysia: Reacted to

"speaking of what Dor..." with

02:02:21 Jacy Wee | M&Y Team Malaysia: Reacted to "Money

is a by-produc..." with 🚖

02:02:45 Garrett Gunderson: My wife is calling me to hang out......I'm about to sign off.....I film answers to questions at GarrettGunderson.com/wwgd

02:02:54 Garrett Gunderson: If I didn't get to your question tonight.

02:03:05 Garrett Gunderson: Thanks everyone for having me. Thanks Dame DC

02:03:32 Dr. Serge Gravelle (GlobalSparks): Tks Garrett!

02:03:42 Garrett Gunderson: You bet.

02:04:26 Juanita Carpenter: Hi Garrett:) Saw you at

WarriorCon4 69

Just wanted to say I really appreciate you.

02:04:27 Sophia Olivas: Reacted to "More value you creat..." with

9

02:04:39 Yasmin M: Thank you so much for your time

Garrett!

02:04:50 Dr. Wright: Thank you Garrett! Till next time!

02:05:12 Sophia Olivas: Reacted to "My wife is calling m..." with

(

02:05:20 Nurhani: Thanks Garret for the great sharing

02:05:41 Garrett Gunderson: ripwater.com/comedy is a 10 minute comedy set on that website.

02:06:27 Juanita Carpenter: Reacted to ripwater.com/comedy ... with "

02:06:34 Jacy Wee | M&Y Team Malaysia: Reacted to

"ripwater.com/comedy ..." with 🚖

02:06:41 Bruce Seah: Thank you Garret. God bless you!

02:06:53 Garrett Gunderson: God Bless and thank you everyone.

02:07:01 Garrett Gunderson: Great sharing with everyone.

02:07:08 Yasmin M: Reacted to "ripwater.com/comedy ..."

with 💚

02:08:10 Vincent Su/KL003: Thanks, Garrett for the great sharing.

02:09:43 Dame Doria (DC) Cordova: Free Gifts from Garrett:

GarrettGunderson.com/offer two books for free

GarrettGunderson.com/quiz money persona quiz

GarrettGunderson.com/richlife Amazing package of Legacy Toolkit, Financial Health Assessment, Soul Purpose Activator

MoneyUnmasked.com for the book.

02:09:48 Jacy Wee | M&Y Team Malaysia: Awesome question Reynaldo

02:09:56 Jacy Wee | M&Y Team Malaysia: Thank for your insights Garrett

02:10:00 Marlon Mueller: Definitely read and watch Garrett's books and videos...life changing!

02:10:07 Yasmin M: Reacted to "Definitely read and ..." with

(

02:12:44 Sandra Ann Michaud: Mahalo All! Always a blessing

02:13:00 Lanai Cecile: Thank you, Thank You, THANK YOU!!!!!

02:13:01 Dr. Wright: Bye Dr. Serge!!!! 02:13:02 Rina Cohen: Thank you & Aloha

02:13:08 JOY Megas: I will get to the notes by monday

02:13:54 Lanai Cecile:



02:14:30 Jacy Wee | M&Y Team Malaysia: For the Replays and get updates on upcoming events - www.FridayswithDoria.com

02:14:36 Chris Mentzel: Https://fridayswithdoria.com - sign up

and you get access to replays

02:14:57 Nshala Verte: TY aloha

