02:12:39 Alyson Williams_Empowerment Strategist and Self-love Advocate: $\searrow \not \approx \searrow \not \approx \swarrow \not \approx \swarrow \not \approx \checkmark$

I'd love to connect, here are my contact details:

Alyson Williams Empowerment Strategist, Self-love Advocate and Bling Angel

Power Your Life Coaching

Phone: +61 432 580 886

Email: coach.pylc@gmail.com

Website: www.poweryourlifecoaching.com

Facebook: https://www.facebook.com/AlysonLWilliams

https://www.facebook.com/PowerYourLifeCoaching LinkedIn:

https://www.linkedin.com/in/alyson-williams-434ab6117/

Booking link: https://calendly.com/alyson-williams

02:14:25 Alyson Williams_Empowerment Strategist and Self-love Advocate: saposexualist

02:14:28 Pamela Stone: Hello @Brooke Young and @Michele A. Wilson

02:14:46 Brooke Young: Pam! I love you @Pamela Stone. 02:15:45 Helice "Grandma Sparky" Bridges: Helice "Grandma Sparky" Bridges or text we'll set up a Zoom -

www.BlueRibbons.org - let's give kids the foundation to uplift the world! Sparky@BlueRibbons.org Call , text, email 760.687-5957 www.BlueRibbons.org

02:15:56 Alyson Williams_Empowerment Strategist and Self-love

Advocate: Reacted to "Helice "Grandma Spar..." with 💝

02:15:59 Alyson Williams_Empowerment Strategist and Self-love

Advocate: Reacted to "Helice "Grandma Spar..." with

02:16:04 Alyson Williams_Empowerment Strategist and Self-love

Advocate: Reacted to "Helice "Grandma Spar..." with 02:17:50 Brooke Young: Hi All! I'm a Publicist and

Communication Consultant. I'm here with my amazing Clients

@Dr. Wright and @Pamela Stone and my Friend @Michele A. Wilson Thank you for having me here!

02:17:57 Harumi (春美) Anderson:

Sood evening: from

Columbus, IN Happy October, 2023*

%E6%98%A5%E7%BE%8E-anderson-a4324a1b/ 🚠

02:19:04 Silin & Peter: Hi everyone! Thank you Doria! Thank you for having us in this space! our first time here! This is Peter Woo and Silin Gan from Money and You and BSE in 2002 in Malaysia! We are from Singapore and we connect and support and bosses with resources they need for their businesses! 02:19:46 Alyson Williams Empowerment Strategist and Self-love Very excited to have my mind blown! Advocate: 02:20:23 Helice "Grandma Sparky" Bridges: PS - Grandma Sparky here - Founder Blue Ribbons Worldwide - We Unite Humanity Through the Power of Love, end conflict in a minute or less. www.BlueRibbons.org Email me Sparky@BlueRibbons.org phone 760.687.5957 I'm in San Diego, CA 02:22:11 Dr. Wright: mobile decoupled us from our desktops 02:22:17 Dr. Wright: now we can talk to everybody 02:22:35 Dr. Wright: Ai changes how we work 02:22:51 Dr. Wright: hi Brian 02:23:17 Alyson Williams Empowerment Strategist and Self-love Reacted to "hi Brian" with 👋 Advocate: 02:23:19 Dr. Wright: if we don't understand it, we will make the same old mistakes 02:23:37 Dr. Wright: 1/3 what AI is and can do Reacted to "hi Brian" with 👋 02:23:39 Brian Michaud: 02:23:42 Amna Razzaq: We so need a different school system so my little ones are ready for this AI paradigm shift. 02:23:44 Dr. Wright: 2/3 into a tactical framework 02:23:50 Dr. Wright: 3/3 doing Q and A

- 02:23:50 Chris Mentzel: texted 3 people to come in
- 02:24:33 Lanai Cecile: 2
- 02:24:34 Dr. Wright: 3
- 2 02:24:35 Lisa Jones:
- 02:24:35 Joanne Cardinal: 3
- 02:24:36 Nancy Duke: 1
- 02:24:37 Alyson Williams Empowerment Strategist and Self-love Advocate: 2+
- 02:24:37 Amna Razzag:3
- 02:24:38 Silin & Peter: 2
- 02:24:38 Paul Valach: 4
- 02:24:38 Elizabeth Reveley: 2
- 02:24:39 Jackie Ambrow, Positively-HUB.com: 3
- 02:24:41 Lis Carpenter: 2
- 02:24:41 Dame Doria (DC) Cordova: 3
- 02:24:42 Rev Michael Long: 2
- 02:24:46 Susan Meredith: 2
- 02:24:46 Michele A. Wilson: 2
- 02:24:47 Helice "Grandma Sparky" Bridges: 1
- 02:24:48 Sandra Ann Michaud: 2
- 02:24:55 Amna Razzag: I didn't know you could do 4! lol
- 02:25:05 Dr. Wright: LOL AMna
- 02:25:08 Dr. Wright: hahah
- 02:25:21 Dr. Wright: Do what you like (from Peter) 02:25:50 Paul Valach: oh.. i thought this was golf.. wait, that's fore
- 02:26:08 Chris Mentzel: Here comes a Peace Plan made by Al. Better than anything I have seen from humans.
- perfect prompts are like a parlor trick 02:26:13 Dr. Wright: 02:26:23 Brian Michaud: Reacted to "Here comes a Peace
- P..." with 🤎
- 02:26:49 Chris Mentzel: Thank you for the thought experiment. A lasting peace in the Middle East is a complex challenge that requires compassion, compromise and creativity from all sides. Here is one possible 12 month plan I would propose if given the opportunity:

Month 1: Initiate sincere dialogue between Israeli and Palestinian leaders. Acknowledge painful history but focus on shared hopes for the future. Foster personal connections and build trust.

Month 2: Provide economic incentives for cooperation. Invest billions in infrastructure and jobs that benefit both Israelis and Palestinians. Tie funding to measurable progress on peace milestones.

Month 3: Begin phased withdrawal of Israeli settlements from Palestinian territory. Halt all new settlement construction. Transition settlements to Palestinian civil authority.

Month 4: Establish provisional Palestinian state in West Bank and Gaza. Guarantee Israel's security with international peacekeepers. Lift blockade of Gaza.

Month 5: Hold reconciliation talks with other Arab state 02:27:03 Dr. Wright: How do I get outcome today or increase revenue by 1% NOW 02:27:11 Alyson Williams_Empowerment Strategist and Self-love Advocate: Reacted to "Thank you for the th..." with 02:27:18 Dr. Wright: impact=revenue 02:27:46 Alyson Williams_Empowerment Strategist and Self-love Advocate: Replying to "Thank you for the th..."

A worthy vision. 02:27:51 Dame Doria (DC) Cordova: roaimastermind.com 2 week free trial with no credit card down

roaimastermind.com/live Nov 11 -13 Carlsbad

The Number they can text +1 305 614 9973 02:28:04 Chris Mentzel: Offer aid and investment in exchange for normalizing relations with Israel. Bring Saudi Arabia and others to the table.

Month 6: Share Jerusalem as capital for Israel and Palestine. Secure holy sites with joint security force. Develop Old City as neutral ground under international administration.

Month 7: Hammer out details for two-state solution. Borders, refugees, water rights, security, etc. Compromise. Land swaps to account for major settlements.

Month 8: Hold region-wide referendum on final two-state plan. Campaign for acceptance among Israelis, Palestinians and other Arabs. Promise Dividends of peace.

Month 9: Sign comprehensive Israeli-Palestinian peace treaty. Massive celebration ceremony on both sides. Praise for brave leaders who chose peace.

Month 10: Begin phased power transfer to autonomous Palestinian state. Transition joint administration to Palestinian authority.

Month 11: Host international donor conference. Marshall Planscale investment in new Palestinian state. Fund schools, hospital 02:28:12 Dame Doria (DC) Cordova: www.roaimastermind.com 02:28:34 Dame Doria (DC) Cordova: https:// roaimastermind.com/freetrial/ 02:28:59 Amna Razzaq: You can ask for anything 02:29:10 Rev Michael Long: you can do what you want Peter 02:29:40 Alyson Williams Empowerment Strategist and Self-love 4/4! Advocate: 02:30:18 Alyson Williams Empowerment Strategist and Self-love Great idea, thnx Dame Doria Advocate: 02:30:22 JOY Megas: Who is going to take notes? 02:30:33 Alyson Williams Empowerment Strategist and Self-love Advocate: Ally

02:31:13 Dr. Wright: What MOE discovered 02:31:51 Dr. Wright: Moe worked for google trying to get a robot to pick up a ball 02:31:55 Dr. Wright: it had to figure out for itself 02:33:06 Paul Valach: Dick Chenney is still watching over all of us.. no worries.. just make a great MidJOurney graphic they learned quicker and more 02:33:11 Dr. Wright: accurately 02:33:23 Paul Valach: the KEY was a yellow ball.... great experiment 02:33:54 Dr. Wright: there is a process to the learning 02:33:55 Alyson Williams Empowerment Strategist and Self-love Advocate: brb 02:37:18 Paul Valach: 2045 is a big year coming up 02:40:04 Alyson Williams Empowerment Strategist and Self-love dependence Advocate: 02:40:38 Alyson Williams Empowerment Strategist and Self-love formative state (as children) so we imprint our Advocate: morals & ethics into our kids 02:41:31 Dr. Wright: HI JOhn 02:42:37 Sandra Ann Michaud: **Program ALOHA!** 02:43:09 Susan Meredith: I'm curious how many on the call have tried out Chat GPT or similar? 02:43:26 Paul Valach: use chatGPT 4 daily 02:44:09 Jackie Ambrow, Positively-HUB.com: When you talk to children like they're human, you get a better result too. In fact, works with almost anyone. 02:44:23 Helice "Grandma Sparky" Bridges: I've only used it 2x...but not sure what I'm doing. 02:45:27 Jackie Ambrow, Positively-HUB.com: Someone was repeatedly rude to Siri, and when they asked Siri for directions, Siri gave them the wrong driving directions. 02:45:40 Paul Valach: we treat our pets better than people 02:45:47 Alyson Williams Empowerment Strategist and Self-love Reacted to "Someone was repeated..." with 😂 Advocate: 02:45:48 Lis Carpenter: Reacted to we treat our pets be... with

"

02:45:53 Alyson Williams_Empowerment Strategist and Self-love Advocate: Replying to "Someone was repeated..."

Love it!

02:45:55 Jackie Ambrow, Positively-HUB.com: Reacted to "we treat our pets be..." with

02:45:56 Rev Michael Long: There's already a church of ai praying for it to be benevolent

02:46:04 Alyson Williams_Empowerment Strategist and Self-love Advocate: Reacted to "we treat our pets be..." with

02:46:16 Alyson Williams_Empowerment Strategist and Self-love

Advocate: Reacted to "There's already a ch..." with 02:46:27 Jackie Ambrow, Positively-HUB.com: Our interactions with AI help program it. It's learning from us. 02:46:40 Jackie Ambrow, Positively-HUB.com: Reacted to

"There's already a ch..." with 💖

02:46:50 Alyson Williams_Empowerment Strategist and Self-love

Advocate: Reacted to "Our interactions wit..." with 02:47:09 Lis Carpenter: I always greet it, and thank it for help:) 02:47:14 Paul Valach: i tend to say 'please' do this...and I often say thanks.. or great feedback. results

02:47:21 Alyson Williams_Empowerment Strategist and Self-love

Advocate: Reacted to "i tend to say 'pleas..." with 02:47:59 Jackie Ambrow, Positively-HUB.com: Replying to "i tend to say 'pleas..."

I do too, since my first interaction with it. 02:48:07 Alyson Williams_Empowerment Strategist and Self-love Advocate: Replying to "i tend to say 'pleas..."

I say 'please', haven't got 'thank you'. 02:48:17 Jackie Ambrow, Positively-HUB.com: Sorry my camera is off. I am multitasking to meet a deadline 02:48:56 Brooke Young: Reacted to i tend to say 'pleas... with

02:49:06 Brooke Young: Reacted to When you talk to chi... with

02:49:40 Alyson Williams_Empowerment Strategist and Self-love Advocate: I talk to my car.

02:50:14 Lis Carpenter: 😮

02:50:25 Alyson Williams_Empowerment Strategist and Self-love Advocate: Everything is energy, too!

02:50:39 Jackie Ambrow, Positively-HUB.com: Everything is energy, and energy is consciousness.

02:50:44 Brooke Young: Reacted to Everything is energy... with

02:50:53 Brooke Young: Yes! All things are energy

02:50:59 Alyson Williams_Empowerment Strategist and Self-love

Advocate: Reacted to "Everything is energy..." with 💗

02:51:06 Jackie Ambrow, Positively-HUB.com: Reacted to

"Everything is energy..." with 💯

02:51:11 Jackie Ambrow, Positively-HUB.com: Reacted to "Yes! All things are ..." with 22

02:51:25 Jackie Ambrow, Positively-HUB.com: HAPPY MONEY!!!!

02:51:34 Alyson Williams Empowerment Strategist and Self-love

Advocate: Reacted to "HAPPY MONEY!!!!" with 💥

02:51:58 Dr. Wright: treat it like it's an intelligent

02:53:32 Paul Valach: 42

02:53:35 Fred Spanjaard: Www.GlobalMediaProductions.com

02:54:30 Lanai Cecile: That was my Dad I think! Career army

02:57:06 Jackie Ambrow, Positively-HUB.com: So true! We spend so much time turning time/energy into money in a capitalist society.

02:57:15 Brooke Young: Reacted to So true! We spend so... with

02:57:24 Jackie Ambrow, Positively-HUB.com: Reacted to "202310131449110000.jpg" with 💝

02:59:22 Amorah St. John: Please change MAN to HUMAN or you will lose the power and participation of of the divine feminine 02:59:30 Alyson Williams_Empowerment Strategist and Self-love

Advocate: Reacted to "Please change MAN to..." with **v** 02:59:46 Jackie Ambrow, Positively-HUB.com: Reacted to

"Please change MAN to..." with 💖

03:00:02 Alyson Williams_Empowerment Strategist and Self-love Advocate: Replying to "Please change MAN to..."

Great share - love the reframe.

03:00:21 Jackie Ambrow, Positively-HUB.com: The qualify of our results depends on the quality of our questions. (Who said that?)

03:01:07 Susan Meredith: Can you show Chat GPT on screen while you use it

03:01:48 Jackie Ambrow, Positively-HUB.com: Replying to "The qualify of our r..."

* quality, not qualify. Auto correct was incorrect, lol 03:02:52 Joanne Cardinal: This is brilliant!!
03:03:39 Alyson Williams_Empowerment Strategist and Self-love Advocate: Replying to "The qualify of our r..."

Einstein, I think. 03:06:14 Dame Doria (DC) Cordova: https:// www.roaimastermind.com

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+1 305 614 9973

03:06:32 Dame Doria (DC) Cordova: Https://

roaimastermind.com

03:06:43 Lis Carpenter: This sounds so similar to Napoleon Hill with his board of advisors in his mind.

03:06:58 Alyson Williams_Empowerment Strategist and Self-love

Advocate: Reacted to "This sounds so simil..." with 💥

03:07:01 Alyson Williams_Empowerment Strategist and Self-love

Advocate: Reacted to "This sounds so simil..." with \bigcirc 03:07:37 Alyson Williams Empowerment Strategist and Self-love

Advocate: Love your approach, Peter.

03:07:44 Dame Doria (DC) Cordova: A gift to support you in building your Economic Engine at https://moneyandyou.com - Excellerated Business Success Model - how to create, build and grow a socially-responsible organization. Both in English and Spanish!

https://MoneyandYou.com will be back LIVE to San Diego Nov 15-18

We have an awesome Affiliate program if you wish to create another Income Generating Activity or to create being in the event, please contact me: info@moneyandyou.com or text my office: 1 619 224 8880 - thank YOU! Would love you there! 03:08:22 Dame Doria (DC) Cordova: Always looking for JV partners to collaborate and refer participants to https:// www.MoneyandYou.com -- and to support YOU all in expanding our global markets.

03:11:20 Alyson Williams_Empowerment Strategist and Self-love Advocate: Your secret is safe, Peter. We won't tell your wife.

03:11:57 Carol Dysart: Hi all! Carol Dysart, DISC for Money & You here! If I won't see you Nov 15-18 in San Diego, Please

email or call me for a free profile debrief and/ or some other great news!

Carol@caroldysart.com or +1 619 309 6444! 03:12:22 Paul Valach: SWMBO peter? 03:15:43 Susan Meredith: I've used it to help create grant proposal content, create scenarios for our financial game, write marketing copy... and this video was created using a script, then choosing a voice, and having it read it in a matter of minutes! http://bit.ly/mentaintro 03:15:59 Peter Swain: +1 305 614 9973 03:15:59 Lis Carpenter: Reacted to I've used it to help... with

03:17:41 Dame Doria (DC) Cordova: Go to https:// www.AccessToCashBook.com a Bonus Gift: Chapter 2 of the Money-Making Systems Manual – 20-Page Personal Productivity System:

• Hot Tips For Creating Your "Perfect" Desk And Office • Steps To Creating Your "Perfect" Desk and Office • Daily Procedures And Checklists • How To Manage Yourself To Do The Workload · and more!

This tool has been used, tested and tweaked by countless entrepreneurs, professionals and educators. It will organize you to focus on more Income-Generating Activities and Create More Leverage! Enjoy!

Plus, a Recommended Reading and Resources Page!
03:26:04 Peter Swain: Roaimastermind.com
Come and join us on a 2 week trial
Hang out and learn, grow and have your impact!!
03:29:25 Paul Valach: B A R G A IN!!
03:36:18 Dame Doria (DC) Cordova: Do you love LIGHT
HEALING? Do you love HEALTH?

https://LifeWave.com/ChrisMentzel

I highly recommend the Nanotechnology - Stem Cells - Lightbased Patches for Health, Vitality and Youthfulness - I have been using since the beginning of the Covid Pandemic to keep my immune system strong

Do you love PROSPERITY? Business Opportunity for powerful, influential networkers who are looking for ULTIMATE LEVERAGE while bringing Light Wealth Health to the world... If you are not interested, who do you know? You can benefit tremendously from the introduction..

This 4 minute video shows the success of relieving pain on horses and animals https://www.youtube.com/watch? v=BJ8EA0fANI0 If you know horse owners, pass the word! 03:36:19 Alyson Williams_Empowerment Strategist and Self-love Advocate: Replying to "Roaimastermind.com ..."

2 am in Australia. 😞

03:42:06 Dame Doria (DC) Cordova: A gift to support you in building your Economic Engine at https://moneyandyou.com - Excellerated Business Success Model - how to create, build and grow a socially-responsible organization. Both in English and Spanish!

https://MoneyandYou.com will be back LIVE to San Diego Nov 15-18 03:42:23 Paul Valach: love using ChatGPT for swot 03:43:19 Lis Carpenter: Replying to "A gift to support yo..."

I can only find the ... 03:43:32 Paul Valach: never seen whimsical 03:43:52 Paul Valach: thanks for that 03:44:23 Dame Doria (DC) Cordova: https:// roaimastermind.com/freetrial/ 03:44:34 Dr. Serge Gravelle (GlobalSparks): Peter, which plugins do you recommend using for best results?

03:45:44 Paul Valach: that's very new.. very new. and way cool 03:46:42 Brian Michaud: Plugins are "The eyes and ears of Al", as stated by Sam Altman - the CEO of OpenAI (who make chatGPT)

03:47:12 Alyson Williams_Empowerment Strategist and Self-love Advocate: Do you have a list of useful/worthwhile Chat GPT plugins, please Peter?

03:47:28 Alyson Williams_Empowerment Strategist and Self-love

Advocate: Reacted to "Peter, which plugins..." with 💥

03:47:34 Alyson Williams_Empowerment Strategist and Self-love

Advocate: Reacted to "Peter, which plugins..." with 💖

03:48:07 Alyson Williams_Empowerment Strategist and Self-love Advocate: Caricature

03:50:09 Brian Michaud: Couple quick recommendations of plugins - WebPilot, Dall-E 3, AI PDF, SEO Assistant

03:50:28 Rev Michael Long: that was a great workaround 03:51:05 Chris Mentzel: I asked ChatGPT for 10 ideas to make a billion dollar business in 2 years. Financial education was one of the results

03:51:50 Alyson Williams_Empowerment Strategist and Self-love Advocate: Brilliant on one hand. Scary on the other, how Al can impersonate real people.

03:52:12 Nshala Verte: This is exciting and creepy at the same time.

03:52:30 Paul Valach: AiPDF, WebPilot, PromptPerfect, Make A Sheet

03:52:32 Alyson Williams_Empowerment Strategist and Self-love Advocate: Replying to "This is exciting and..."

Agree Nishala.

03:52:46 Alyson Williams_Empowerment Strategist and Self-love

Advocate: Reacted to "AiPDF, WebPilot, Pro..." with 03:52:46 Paul Valach: VoxScript

03:52:57 Alyson Williams_Empowerment Strategist and Self-love

Advocate: Replying to "AiPDF, WebPilot, Pro..."

Thnx Paul

03:53:12 Brooke Young: Go Dr Wright

03:53:15 Rev Michael Long: wow, it can be a bit scary how do trust what we see read now

03:53:19 Alyson Williams_Empowerment Strategist and Self-love Advocate: I love 'bark hour'.

03:53:27 Alyson Williams_Empowerment Strategist and Self-love

Advocate: Reacted to "wow, it can be a bit..." with 💥

03:53:30 Lis Carpenter: Reacted to wow, it can be a bit... with

03:53:31 Jackie Ambrow, Positively-HUB.com: Reacted to "Couple guick recomme..." with

03:53:31 Brooke Young: Reacted to I love 'bark hour'. ... with "

03:53:39 Jackie Ambrow, Positively-HUB.com: Reacted to

"AiPDF, WebPilot, Pro..." with 🙏

03:53:42 Brooke Young: Bark Hour is a real thing!!!!

03:54:02 Alyson Williams_Empowerment Strategist and Self-love Advocate: Replying to "Bark Hour is a real ..."

Live & learn. 💖

03:54:40 Lisa Jones: What plugin is this for voice?
03:54:51 Peter Swain: Elevnlabs for audio
03:54:57 Peter Swain: Hey gen for video avatar production
03:55:23 Jackie Ambrow, Positively-HUB.com: Replying to
"Hey gen for video av..."

Thank you!

03:55:39 Alyson Williams_Empowerment Strategist and Self-love Advocate: Reacted to "Elevnlabs for audio" with 03:55:41 Alyson Williams_Empowerment Strategist and Self-love Advocate: Reacted to "Hey gen for video av..." with 03:55:44 Alyson Williams_Empowerment Strategist and Self-love Advocate: Reacted to "Thank you!" with 03:55:55 Jackie Ambrow, Positively-HUB.com: Reacted to "Elevnlabs for audio" with 03:56:00 Jackie Ambrow, Positively-HUB.com: Reacted to "Hey gen for video av..." with 03:56:48 Jackie Ambrow, Positively-HUB.com: Peter asks us to use the AI tech 20 minutes a day.

Sounds like practicing an instrument or a sport, doesn't it? 03:56:57 Lisa Jones: is there something to upload my videos and have AI pull out short meaningful clips?

03:57:39 Alyson Williams_Empowerment Strategist and Self-love Advocate: I have to go, I have an appointment at the top of

the hour & have a little prep to do. 👋

Thank Dame Doria & Peter. 🙏

A great session. 💗

My mind was indeed blown!! 😻

03:57:51 Silin & Peter: Reacted to "Hey gen for video av..." with

03:57:55 Jackie Ambrow, Positively-HUB.com: Replying to "is there something t..."

Inside Kajabi it's not fully automated but you can do so by looking at the transcript alongside your video and tell it what you want to use. The AI does it automatically but it's not that good at it yet. 03:58:15 Jackie Ambrow, Positively-HUB.com: Replying to "I have to go, I have..."

Thanks for being here with us, Alyson! 03:58:15 Lisa Jones: Reacted to "Inside Kajabi it's n..." with 03:58:38 Lis Carpenter: Replying to "is there something t..."

https://vidyo.ai/

03:58:53 Lisa Jones: Where is the best place to learn and work in this field?

03:59:16 Jackie Ambrow, Positively-HUB.com: Move at speed with AI, give from your excess millions to charities, or be left behind. That's what's at stake.

04:00:05 Jackie Ambrow, Positively-HUB.com: Replying to "Where is the best pl..."

Sounds like his mastermind at Https://roaimastermind.com is the place to be.

04:02:02 Jackie Ambrow, Positively-HUB.com: I've been getting the emails and I thought you wrote them, Doria!!! 04:02:02 Peter Swain: Reacted to "Sounds like his mast..." with

04:02:22 Rev Michael Long: Is it a plugin to adopt writing in the style of, or is that within chatgpt

04:04:09 Jackie Ambrow, Positively-HUB.com: @Rev Michael Long you need to tell ChatGPT that's what you want in your prompt.

04:04:42 Rev Michael Long: Replying to "@Rev Michael Long yo..."

Ty Jackie

04:05:05 Jackie Ambrow, Positively-HUB.com: Replying to "@Rev Michael Long yo..."

My pleasure, Rev Michael

04:07:36 Rev Michael Long: Re: Creating that book for your son, brilliant

04:07:46 Jackie Ambrow, Positively-HUB.com: Reacted to

"Re: Creating that bo..." with 💖

04:07:50 Joanne Cardinal: Love this so much!!

04:07:59 Lisa Jones: I've got chills!!!

04:08:00 Michele A. Wilson: Heartfelt story...

04:08:22 Lanai Cecile: Bravo Peter 🔌 That was an awesome

story 💫

04:10:29 Lis Carpenter: Eyes closed

04:13:17 Paul Valach: interesting example

04:15:04 Paul Valach: the business of ice is another great example of tech elimination as the eventual ice maker won 04:15:17 Lisa Jones: I am so GRATEFUL that I opened my email from Doria today!!! This has changed my LIFE for the greatest good!!!

04:15:30 Lis Carpenter: Reacted to I am so GRATEFUL tha... with "

04:15:35 Sandra Ann Michaud: Reacted to "I am so

GRATEFUL tha..." with 🧡

04:15:53 JOY Megas: One definition of Integrity is being COMPLETE

04:16:04 Jackie Ambrow, Positively-HUB.com: Replying to "the business of ice ..."

And ice sculptors are still humans, lol

04:16:13 Jackie Ambrow, Positively-HUB.com: Reacted to "I

am so GRATEFUL tha..." with 🧡

04:17:33 JOY Megas: All of this, Technological Intelligence and Humanity, are working toward the most efficient distribution of resources across the planet.

04:18:16 JOY Megas: I am actually arguing for Technological Intelligence

04:19:09 Rev Michael Long: Reacted to "I am actually arguin..." with 🧡

04:19:12 JOY Megas: One aspect that will be VERY helpful is that Technological Intelligence will be able to VERIFY and AUTHENTICATE people, business, events and the like 04:21:56 Lisa Jones: When Peter recommended 20 minutes a day is he referring to ChapGPT?

04:22:02 Paul-Michael Dekker: The danger of "Skynet" (from Terminator)

04:22:29 Lis Carpenter: Terrible

04:22:39 JOY Megas: This is called "pollution." Why would humanity of anything different when we've finely tuned a habit of polluting.

04:22:42 Jackie Ambrow, Positively-HUB.com: Replying to "When Peter recommend..."

Using AI. ChatGPT is just one AI tool. 04:24:12 Lisa Jones: Replying to "When Peter recommend..."

Any other tools you like (besides the plug-ins mentioned earlier)? 04:24:53 Brooke Young: I'm heading to bed. I'm on the East Coast. This has been amazing!!

04:25:05 Dr. Wright: Thanks Brooke!! Take care

04:25:12 Jackie Ambrow, Positively-HUB.com: Replying to "I'm heading to bed. ..."

Good night, Brooke! Rest well!

04:26:43 JOY Megas: Technological Intelligence will be able to cross platforms, interfaces and the like to assist in the #1 THREAT to NATIONAL SECURITY in the United States: Identity Theft.

04:26:58 Susan Meredith: I had a conversation today about using ChatGPT by researching a potential company by asking AI to summarize its website, then ask how to sell to it.

04:28:05 Jackie Ambrow, Positively-HUB.com: Replying to "Technological Intell..."

JOY, currently AI is highly biased against women and people of color. Its accuracy in identifying darker skinned people is much lower than for whites. It's not yet ready to really help with that for all people. Hopefully it will improve.

04:28:58 Paul-Michael Dekker: discover and reveal our blind spots !

04:30:08 Peter Swain: I hope to see you all on the mastermind!

>>> roaimastermind.com <<<

04:31:15 Lis Carpenter: Replying to "discover and reveal ..."

Thank you for inviti...

04:31:24 Dame Doria (DC) Cordova: https://

roaimastermind.com/freetrial/

04:31:31 Amorah St. John: I HAVE A QUESTION

04:32:58 Pias iPhone (2): I'm going to bed. I'm on Europe

time. This has been fantastic- BIG thanks to DC and Peter Ralove

your all

04:33:07 Dr. Wright: Thank you Pias

04:33:36 Jackie Ambrow, Positively-HUB.com: Replying to "I'm going to bed. I'..."

Goodnight, Pias! Sleep well!

04:35:31 Jackie Ambrow, Positively-HUB.com: Let's connect: 04:35:42 Jackie Ambrow, Positively-HUB.com:

jackie@positively-hub.com

04:36:29 Brian Michaud: team@roaimastermind.com 04:39:10 Helice "Grandma Sparky" Bridges: Unfortunately I need to get on a phone meeting now. I'm completely blow away...my mind is swimming and truly I need to be oriented into AI. Need to start just like I'm in first grade.

04:41:11 JOY Megas: Love you... all. Timmy came home for date night.

04:41:17 JOY Megas: Sending warmest regards,

04:41:28 Jackie Ambrow, Positively-HUB.com: Replying to "Love you... all. Timmy..."

Goodnight, JOY! Have fun!

04:41:46 Michele A. Wilson: Thank you so much Peter. Amazing explanation.

04:42:15 Rev Michael Long: I asked bing if it was lying about a question I asked and it said we couldn't continue discussing this and asked if it could help with anything else

04:42:30 Jackie Ambrow, Positively-HUB.com: Claude.ai

04:42:46 Paul Valach: htttp://www.claude.ai

04:43:09 Jackie Ambrow, Positively-HUB.com: Https:// claude.ai

04:43:42 Lis Carpenter: Yes, thank you!

04:46:21 Paul-Michael Dekker: https://www.beautiful.ai

let me google that for you 04:47:44 Paul Valach:

04:47:57 Jackie Ambrow, Positively-HUB.com: Al can see. identify and use patterns to create new variations. Humans can create from a leap in consciousness (which I might also call an inspiration or a download from Divine Intelligence).

04:48:28 Jackie Ambrow, Positively-HUB.com: I vote for broccoli

04:51:23 Jackie Ambrow, Positively-HUB.com: What I'm interested in is the practical use, real effects, ethics and feedback spiral that takes us all up or down in thriving for humans and the entire planet.

04:52:14 Jackie Ambrow, Positively-HUB.com: We need far fewer people to feed people now. We waste a huge percentage of our food now in the US.

04:54:01 Jackie Ambrow, Positively-HUB.com: One challenge we will face due to AI is the nature of "earning a living" and whether humans still should define civilization with the metric of economic contribution.

04:54:20 Rev Michael Long: Reacted to "One challenge we wil..." with 📥

04:54:43 Lisa Jones: Leet's get together in Maui!!!

04:55:03 Paul-Michael Dekker: Google: ai ethics organizations

04:55:25 Nshala Verte: Thank you Dame Doria...safe travels 🧡

04:56:16 Rev Michael Long: Thank you Doria 💙 aloha

04:56:43 Jackie Ambrow, Positively-HUB.com: Reacted to

"Thank you Doria 💛 a..." with 💖

04:56:49 Jackie Ambrow, Positively-HUB.com: Reacted to

"Thank you Dame Doria..." with 💖

05:00:06 Michele A. Wilson: Brilliant

05:00:43 Paul Valach: love it!!!

05:01:10 Lis Carpenter: I new it. All artists can retire 💋



05:01:21 Lisa Jones: WOWIII

05:02:21 Paul Valach: this new voice and dalle interface in a game changer!!

05:04:21 Michele A. Wilson: Wow, loving this Peter!!

05:05:01 Jackie Ambrow, Positively-HUB.com: iPhone and Android ChatGPT official app has the voice interface that just rolled out.

05:05:46 Jackie Ambrow, Positively-HUB.com: Do you have to have the paid version of ChatGPT to use the voice interface? 05:05:53 Jackie Ambrow, Positively-HUB.com: Yes

Descript 05:07:50 Brian Michaud:

05:08:08 Brian Michaud:

https://descript.com/

05:08:11 Brian Michaud: claude.ai

05:08:11 Paul-Michael Dekker: descript.com?

Reacted to "descript.com ?" with 05:08:17 Brian Michaud:

CB

05:09:43 Jackie Ambrow, Positively-HUB.com: 1. Use voice memo.

2. Transcribe it with Descript

Go to Claude.ai

4. Find sample proposal someone else has done, download the PDF and in Claude upload it. Upload the transcript of the audio. Use as a guide, ignoring the content of the sample, then combine with my thoughts, organizing them for me, and then create the new proposal from it in that style.

05:10:11 Madeleine Dupuis: Reacted to 1. Use voice memo.

2... with "🗡"

05:10:26 Paul Valach: amazing

05:10:54 Dr. Serge Gravelle (GlobalSparks): Reacted to "1. Use voice memo.

2..." with 👹

05:11:41 Jackie Ambrow, Positively-HUB.com: Get help learning Spanish:

https://www.positively-hub.com/subscribe-Spanish-class 05:12:12 Dr. Serge Gravelle (GlobalSparks): Thank you very much Peter and Brian for the extremely valuable information you provided us today!

05:12:15 Jackie Ambrow, Positively-HUB.com: I teach Wednesday nights in Q&A for all levels of Spanish and we have a Spanish Conversation class on Fridays.

05:13:06 Rev Michael Long: Thank you Peter, such valuable sharing

05:13:45 Sandra Ann Michaud: Mahalo Peter, I'm having a Holy "F" moment with so many answers to questions voiced by

all of you. 🙏 🙏 to everyone. Aloha 🎇

05:14:06 Paul-Michael Dekker: and in your AI context you can include a request for including quotes on where it finds answers! 05:14:16 Lisa Jones: Thank you! Life changing information - funny enough I just talked with a friend last night about this and wondered how to learn more and then Doria's email landed in my inbox today!!!

05:14:24 Jackie Ambrow, Positively-HUB.com: Reacted to

"and in your AI conte..." with 👍

05:14:33 Rev Michael Long: Reacted to "Thank you! Life chan..." with

05:14:36 Jackie Ambrow, Positively-HUB.com: Reacted to "Mahalo Peter, I'm ha..." with 💝

05:15:02 Jackie Ambrow, Positively-HUB.com: Experience is emotional! If you just study it intellectually, you won't change your thoughts, feelings and behavior.

05:15:28 Elizabeth Reveley: Claude.ai just created 3 different proposals for me for the Kenya school boards. Amazing!! Thank you.

05:15:38 Jackie Ambrow, Positively-HUB.com: Reacted to

"Claude.ai just creat..." with 🤚

05:16:44 Brian Michaud:

roaimastermind.com/freetrial

05:17:01 Brian Michaud: Roaimastermind.com/live for the

LIVE event info in California

05:17:11 Nshala Verte: Incredibly valuable information. Ty PS, BM, DC & CM.

05:17:34 Michele A. Wilson: Goodnight. Amazing evening!! 05:17:48 Brian Michaud: Can also text questions about the LIVE event to +1 305 614 9973

05:18:08 Jackie Ambrow, Positively-HUB.com: Thank you so much, Peter!