00:34:12 Dr. Wright: Hello Joan

00:34:31 Al Chan: Replying to "Hello to Loke and Al..."

Hi Dr Letitia....Al Chan from KL, Malaysia

00:34:47 Dr. Wright: Replying to "Hello to Loke and Al..."

Aw I miss Malaysia, I need to come there again

00:34:51 Dr. Wright: Replying to "Hello to Loke and Al..."

I loved the HEAT!

00:34:52 Jackie Ambrow, Positively-HUB.com: Hi Harumi!!!

00:34:53 Dr. Wright: Replying to "Hello to Loke and Al..."

hahaha

00:35:13 Dr. Wright: Hello Mary

00:35:24 Dr. Wright: and welcome Elizabether

00:35:35 Dr. Wright: Hi to Regina

00:36:07 Al Chan: Reacted to "Hello to Loke and Al..." with

00:36:14 Dr. Wright: Hi to Marc and Madison and Michele A.

Wilson

00:36:34 Dr. Wright: Elizabeth

00:36:47 Dr. Wright: sorry about my typing, I can spell, I can

not type

00:36:51 Al Chan: Replying to "Hello to Loke and Al..."

heat + rain downpours too

00:37:36 Jackie Ambrow, Positively-HUB.com: Digital Sense by Chris J Snook

00:38:35 Chris J Snook: Get a FREE copy of the book at chrisjsnook.com by joining the mailing list to keep in touch with

me 🙂

00:39:19 Dr. Wright: You can post your info here to connect with others

00:39:51 Chistopher Freeman: Reacted to "Get a FREE copy

of t..." with 👍

00:40:18 Dr. Wright: Chris grew up with Bloom where you are

planted mentality

00:40:36 Al Chan: Replying to "Get a FREE copy of t..."

joined₩

00:41:05 Sharon Rolph: Grow and give - the art of fulfillment, Sharon Rolph, MA/ABS Spark & Retirement coach = a DNA Strategist

sharon@effortlessvitality.org 425-877-6655

https://sharonrolph.com - Behavioral Scientist

https://www.facebook.com/rolphsm

Join the Loneliness to Resilience Community (FREE): https://www.sharonrolph.com/offers/s9pvjy2s/

https://www.instagram.com/sharon_queenofcourage/

https://www.linkedin.com/in/sharon-rolph/

00:46:09 Chistopher Freeman: Hi Everyone! I'm Christopher Freeman and I am the

Co-Founder, Managing Partner, President & Head of Content at Luxury Life Media Group. My email address is chris@luxurylife.com if you would like to connect.

00:46:27 Edmond: Reacted to "Hi Everyone! I'm Chr..." with 00:46:36 Kerry Poon: Reacted to "Hi Everyone! I'm Chr..." with



00:49:15 Dr. Wright: Visit me at https://www.chrisjsnook.com and CLAIM your FREE COPY of Digital Sense (my most recent

bestseller) and to keep in touch about how to connect with me Chris

00:49:38 Chistopher Freeman: Reacted to "Visit me at

https://..." with 👍

00:49:52 Edmond: I have mine too! Its literally in my night stand drawer

00:50:14 Barbie Layton: Hi all! If any coaches or mentors are looking to be a virtual instructor on this platform out of Canada, they are accepting applications. The platform is in talks with Eckhart Tolle and the Dalai Lama foundation in Vancouver as well

to come on board as well in the near future.

https://www.uncommonwisdomplatform.com/

00:50:20 Madison Freeman: Hi new friends. [7] I'm Christopher's sister Madison. The incredible Edmond Lee blessed us with this connection to beautiful Doria, and we are excited to be part of this meeting today. My email address is: madison@luxurylife.com if

you would like to communicate and build a relationship.



00:50:28 Chistopher Freeman: Reacted to "Hi new friends.

00:50:38 Madison Freeman: Reacted to "Hi new friends. ei I'..."

with 💚

I'..." with 💚

00:50:42 Dr. Wright: HI Madison

00:50:48 Madison Freeman: Reacted to "Hi Everyone! I'm Chr..."

with 🤎

00:51:15 Madison Freeman: Replying to "HI Madison"

Hi 🤎

00:51:24 Jackie Ambrow, Positively-HUB.com: Less drama, more peace and greater growth in relationships. Who do you know who wants that?

Please get in touch with me:

jackie@positively-hub.com

https://positively-hub.com

https://www.linkedin.com/in/jackieambrow

(I also help people create wealth through strategic business ownership as a Certified Franchise Advisor.)

00:51:33 Dame Doria (DC) Cordova: https://

MoneyandYou.com will be back LIVE to San Diego May 1 – 4

To learn even more how to build and manage teams, join the

Money & You SuperLogs Team in May 1 - 4, please contact Rachel Claret (rc@rachelcaret.com) or (+1.281.827.2491) to indicate your interest, and she will reach out to answer your questions - thank YOU!

00:51:56 Chistopher Freeman: Reacted to "Less drama, more

pea..." with 👍

00:51:58 Madison Freeman: Reacted to "Visit me at https://..."

with de

00:52:09 Jeff Ghaemaghamy: So happy to meet you all...

Please connect via LinkedIn and or Facebook

LinkedIn www.linkedin.com/in/jeffghaemaghamy

Facebook https://www.facebook.com/jeffghaemaghamy

about me:

I have been in the health, wellness and anti-aging industries for the past 30 years. I have been retired for the past 10 years.

I feel privileged to have met DC (Doria) in Antarctica while participating in entrepreneurial Think Tank just over 9 years ago. After doing the M&Y we supported the program to establish in the pacific region.

I have recently come out of retirement to help pioneer a new app which has funding of US\$1.2 billion dollars to create a proprietary Al algorythm which will combine DNA and microbiome assessments, biometric wearable tech, and IoT connected devices to create personalised protocols and products to optimise life.

We believe we can impact a billion people globally $\downarrow \downarrow$



I am looking forward to connecting with you all 🧬

00:52:28 Chistopher Freeman: Reacted to "So happy to meet

you..." with 👍

00:53:01 Jackie Ambrow, Positively-HUB.com: Reacted to "So

happy to meet you..." with 👍

00:53:16 Jeff Ghaemaghamy: Reacted to "Get a FREE copy

of t..." with 💚

00:53:36 Madison Freeman: Please connect with me on

LinkedIn too: http://www.linkedin.com/in/madisonfreeman

00:53:56 Jeff Ghaemaghamy: Replying to "Kia Ora @Jeff

Ghaema..."

Love to connect ... love your story "

00:53:58 Beatriz Bron Reinventateconbeatriz.com: I will

be in Money and You for my first time on May 1-4. Very

excited.... bravo bravo . I hope to meet some of you there

00:54:02 Madison Freeman: Reacted to "So happy to meet

you..." with 🤎

00:54:15 Dr. Wright: I will see you there, when I visit Beatriz!

00:54:22 Chistopher Freeman: Reacted to "Please connect

with ..." with

00:54:43 Jeff Ghaemaghamy: Reacted to "So happy to meet

you..." with 🤎

00:55:01 Beatriz Bron Reinventateconbeatriz.com:

Replying to "I will see you there..."

Great!!

00:55:20 Dr. Wright: Hey Peter!!

00:55:28 Dr. Wright: hahaha

00:55:34 Madison Freeman: Hi Peter 💚 👋

00:56:13 Dr. Wright: Visit me at https://www.chrisjsnook.com

and CLAIM your FREE COPY of Digital Sense (my most recent bestseller) and to keep in touch about how to connect with me Chris

00:56:59 Dr. Wright: Help Us Make a Difference This Spring – Support Our "Adopt a Homeless" Initiative

This spring, we're on a mission to transform the lives of homeless individuals in our community, but we can't do it without your help. Our goal is to raise \$2,500 to provide direct assistance where it's most needed — right on the streets. ~ Dr. Wright

00:57:31 Jeff Ghaemaghamy: Reacted to "HI Jeff" with

00:57:56 Jeff Ghaemaghamy: Replying to "HI Jeff"

Hi Dr Wright

Great to meet you.

00:58:24 Jeff Ghaemaghamy: Reacted to "Hello Dr Wright"

with 💚

00:59:36 Dame Doria (DC) Cordova: Join us at https://www.moneyandyou.com/money-and-you-distinctions/ tomorrow from 9 to noon California time – for first part of the program LIVE event, which is only part of the entire program. Go learn more. Non grads will love to learn key distinctions. Grads, you'll love the new distinctions.

01:00:27 Dr. Wright: LOL- I didn't die

01:04:25 Madison Freeman: Reacted to "Join us at https://w..."

with 💚

01:05:47 Dame Doria (DC) Cordova: We love to collaborate and would love to have be an Ambassador for our Money & You Distinctions - and Money & You and Excellerated programs – sign up at: https://www.moneyandyou.com/affiliate-registration/ Create another Income Generating Activity or to create being in the event

01:06:33 Peter Swain: I want to invent a new course.

Its called "how to learn a lesson the first time around"

If I succeed at it, it will be 20% of your lifetime earnings 01:06:56 Madison Freeman: Reacted to "We love to collabora..." with

01:07:18 Barbie Layton: Yes! Thank you Chris! That's why we have to cherish the honest ones who actually follow the rules of the game!

01:08:39 Dr. Wright: Visit me at https://www.chrisjsnook.com and CLAIM your FREE COPY of Digital Sense (my most recent

bestseller) and to keep in touch about how to connect with me Chris

01:09:47 Dr. Wright: Wow....

01:11:21 Dr. Wright: Help Us Make a Difference This Spring – Support Our "Adopt a Homeless" Initiative

This spring, we're on a mission to transform the lives of homeless individuals in our community, but we can't do it without your help. Our goal is to raise \$2,500 to provide direct assistance where it's most needed — right on the streets.

Why Your Help Matters

Every day, countless individuals in our community face the reality of homelessness, lacking access to basic necessities such as safe shelter, nutritious food, and essential healthcare. Our "Adopt a Homeless without Taking Them Home" initiative is designed to offer support directly to those who need it most, without requiring them to leave their current environments ~~~ Dr. Wright 01:11:56 Dame Doria (DC) Cordova: Do you love LIGHT HEALING? Do you love HEALTH?

https://LifeWave.com/ChrisMentzel

I highly recommend the Nanotechnology - Stem Cells - Lightbased Patches for Health, Vitality and Youthfulness - I have been using since the beginning of the Covid Pandemic to keep my immune system strong

Do you love PROSPERITY? Business Opportunity for powerful, influential networkers who are looking for ULTIMATE LEVERAGE

while bringing Light Wealth Health to the world... If you are not interested, who do you know? You can benefit tremendously from the introduction..

This 4 minute video shows the success of relieving pain on horses and animals https://www.youtube.com/watch? v=BJ8EA0fANI0 If you know horse owners, pass the word!

01:12:50 Jeff Ghaemaghamy: Reacted to "Hi new friends.

71.12.50 Jeli Ghaemaghamy. Reacted to Til new menus

l'..." with 🤎

01:13:06 Jeff Ghaemaghamy: Replying to "Hi new friends.

Great to meet you.

01:13:19 Dr. Wright: Replying to "Hi new friends. I'..."

And you!

01:13:27 Dr. Wright: Visit me at https://www.chrisjsnook.com and CLAIM your FREE COPY of Digital Sense (my most recent bestseller) and to keep in touch about how to connect with me Chris

01:15:14 Madison Freeman: Reacted to "Great to meet you." with

01:15:17 Madison Freeman: Reacted to "And you!" with 01:15:56 Jeff Ghaemaghamy: Reacted to "Hello from

Edmonds W..." with

01:16:03 Jeff Ghaemaghamy: Replying to "Hello from Edmonds W..."

Great to meet you \bigcirc

01:16:15 Madison Freeman: Reacted to "Hello from Edmonds

W..." with

01:16:15 Jeff Ghaemaghamy: Reacted to "Greatest Aloha

from ..." with

01:16:20 Chistopher Freeman: Reacted to "Hello from

Edmonds W..." with

01:16:28 Jeff Ghaemaghamy: Replying to "Greatest Aloha

from ..."

Great to meet you \bigcirc

01:16:33 Jeff Ghaemaghamy: Reacted to "West Palm Beach

FL" with

01:16:37 Dr. Wright: Replying to "Greatest Aloha from ..."

youtoo

01:16:39 Dr. Wright: Replying to "Greatest Aloha from ..."

<u>...</u>

01:16:43 Jeff Ghaemaghamy: Replying to "West Palm Beach

FL"

Great to meet you \bigcirc

01:16:51 Jeff Ghaemaghamy: Reacted to "NY" with

01:16:52 Chistopher Freeman: Reacted to "Great to meet you

u" with

01:17:04 Chistopher Freeman: Replying to "West Palm Beach

FL"

you too!

01:17:05 Jeff Ghaemaghamy: Replying to "NY"

Great to meet you \bigcirc

01:17:20 Jeff Ghaemaghamy: Replying to "Aloha! ¡Hola!

Hello!..."

Great to meet you \bigcirc

01:17:23 Madison Freeman: Reacted to "I have mine too! I..."

with 💚

01:17:23 Jeff Ghaemaghamy: Reacted to "Aloha! ¡Hola!

Hello!..." with 💗

01:17:29 Jeff Ghaemaghamy: Replying to "Hello, from

Singapor..."

Great to meet you $\stackrel{\textstyle \smile}{}$

01:17:32 Jeff Ghaemaghamy: Reacted to "Hello, from

Singapor..." with 🤠

01:17:43 Jeff Ghaemaghamy: Replying to "Hello all from

Costa..."

Great to meet you \bigcirc

01:17:47 Jeff Ghaemaghamy: Reacted to "Hello all from

Costa..." with

01:18:23 Madison Freeman: Reacted to "Great to meet you :"

with 💚

01:18:26 Madison Freeman: Reacted to "you too!" with

01:18:27 Madison Freeman: Reacted to "West Palm Beach FL"

with 💚

01:18:28 Jeff Ghaemaghamy: Reacted to "you too!" with 😇

01:18:50 Madison Freeman: Reacted to "Hello, from Singapor..."

with 💚

01:19:18 Jeff Ghaemaghamy: Reacted to "youtoo" with

01:19:21 Jeff Ghaemaghamy: Reacted to "@" with

01:20:01 Jeff Ghaemaghamy: Reacted to "Great to meet you

u" with

01:20:20 Madison Freeman: Android

01:20:23 Al Chan: nokia

CGO AL!!! 01:20:29 Dr. Wright:

01:20:31 Xochitl Suriano Ambrow: Apple iPhone

01:20:43 Al Chan: Reacted to " Go AL!!!" with

01:21:00 Al Chan: google

01:21:02 Xochitl Suriano Ambrow: Apple's ID

01:22:22 Jeff Ghaemaghamy: Reacted to "Greetings all...

from ..." with

01:22:27 Jeff Ghaemaghamy: Replying to "Greetings all...

from ..."

Great to meet you (2)

01:22:37 Jeff Ghaemaghamy: Replying to "Austin Texas"

Great to meet you (2)

01:22:41 Madison Freeman: So true... we sold ourselves....

Offline is the new luxury \(\bigvery\)

01:22:41 Jeff Ghaemaghamy: Reacted to "Austin Texas" with

01:22:56 Dr. Wright: So True Madison!

01:23:02 Jeff Ghaemaghamy: Reacted to "Hi Doria and

everyon..." with

01:23:09 Jeff Ghaemaghamy: Replying to "Hi Doria and

everyon..."

Great to meet you (2)

01:23:10 Madison Freeman: Reacted to "So True Madison!" with

01:23:21 Jackie Ambrow, Positively-HUB.com: Reacted to "Hi new friends. [i] I'..." with

01:23:26 Madison Freeman: Reacted to "Great to meet you "

with 💚

01:23:34 Jackie Ambrow, Positively-HUB.com: Replying to "Hi new friends. [2] I'..."

Welcome! Great to meet you!!!

01:23:44 Madison Freeman: Reacted to "Welcome! Great to me..." with

01:24:03 Dr. Wright: Visit me at https://www.chrisjsnook.com and CLAIM your FREE COPY of Digital Sense (my most recent bestseller) and to keep in touch about how to connect with me

Chris

01:24:39 Al Chan: Reacted to "Visit me at https://..." with ____

01:24:42 Dr. Wright: Ai helps up be more productive

01:24:52 Madison Freeman: Reacted to "Ai helps up be more ..."

with 👍

01:25:16 Dame Doria (DC) Cordova: Sign up for the gift from The Los Angeles Tribune for the Money & Leadership Talks where we are holding a party with M&Y grads and we'll be covering some great topics around Money & Leadership! Monday April 15 at 5 pm to 7 / Tuesday morning Asia Pacific.

https://moneyleadershiptalks.com

01:25:21 Jeff Ghaemaghamy: Reacted to "Hi all! If any

coach..." with

01:25:34 Dr. Wright: Help Us Make a Difference This Spring – Support Our "Adopt a Homeless" Initiative

This spring, we're on a mission to transform the lives of homeless individuals in our community, but we can't do it without your help. Our goal is to raise \$2,500 to provide direct assistance where it's most needed — right on the streets.

01:25:58 Jeff Ghaemaghamy: Reacted to "Please connect with ..." with 🤎

01:26:12 Jeff Ghaemaghamy: Reacted to "I will be in Money

a..." with

01:26:13 Madison Freeman: Reacted to "Help Us Make a

Diffe..." with 🙏

01:26:38 Jeff Ghaemaghamy: Replying to "I will be in Money

a..."

Great to meet you ... Play full out and have FUN :

01:26:42 Jeff Ghaemaghamy: Reacted to "Great to meet you

... ..." with 🤎

01:28:10 Dame Doria (DC) Cordova: Replying to "I will be in Money a..."

We are so happy with those attending. Gorgeous peeps! 01:28:12 Madison Freeman: Love your passion and energy

@Chris J Snook <u>↓↓</u> • ♥

01:28:20 Chistopher Freeman: Reacted to "Love your passion an..." with

01:28:48 Madison Freeman: Reacted to "I will be in Money a..." with

01:30:04 Chris J Snook: Reacted to "Love your passion an..." with

01:30:20 Letchmi Sun:

01:30:27 Susan Meredith: We have a multi-scenario game to practice and improve financial decisions through increasing levels of complexity and education content. Credit card scenario is awesome. Effective, engaging and fun! MentaMorph Money www.mentamorph.com Have just started using AI to create new scenarios

01:31:27 @EdmondLeeLegacy: https://www.moneyandyoudistinctions.com/

01:31:43 Al Chan: @Chris J Snook Can elaborate on The

Zombies Archetype?

01:31:50 Madison Freeman: Reacted to "https://

www.moneyand..." with 🤎

01:32:51 Chistopher Freeman: Reacted to "

@Dame Dori..." with

01:35:05 Madison Freeman: Edmond is amazing 👋 🧡 🙏

01:35:25 Chistopher Freeman: Reacted to "Edmond is

amazing 👋..." with 🤎

01:35:42 Dr. Wright: Help Us Make a Difference This Spring – Support Our "Adopt a Homeless" Initiative

This spring, we're on a mission to transform the lives of homeless individuals in our community, but we can't do it without your help. Our goal is to raise \$2,500 to provide direct assistance where it's most needed — right on the streets.

01:35:50 Madison Freeman: Reacted to "Help Us Make a

Diffe..." with 🙏

01:36:07 Jackie Ambrow, Positively-HUB.com: Replying to "Sign up for the gift..."

Wait a minute, is it only for M&Y grads??? Sorry I've been multitasking...

01:36:38 @EdmondLeeLegacy: Replying to "Sign up for the gift..."

noooo its for both lol

01:36:39 Madison Freeman: Reacted to "Sign up for the gift..."

with 😌

01:36:53 Madison Freeman: Reacted to "noooo its for both ..." with 👍

01:37:08 Jackie Ambrow, Positively-HUB.com: Replying to "Sign up for the gift..."

Oh good! I'm looking forward to it! Thank you @@EdmondLeeLegacy

01:37:10 @EdmondLeeLegacy: If that link didn't work, try this one. https://www.moneyandyou.com/money-and-you-distinctions/

01:37:17 Madison Freeman: Reacted to "Oh good! I'm looking..." with

01:37:20 Dr. Wright: Help Us Make a Difference This Spring – Support Our "Adopt a Homeless" Initiative

This spring, we're on a mission to transform the lives of homeless individuals in our community, but we can't do it without your help. Our goal is to raise \$2,500 to provide direct assistance where it's most needed — right on the streets.

01:37:29 Madison Freeman: Reacted to "If that link didn't ..." with



01:38:37 Harumi (春美) Anderson: Thank you very much, Doria and Chris.

01:38:47 Madison Freeman: Reacted to "Thank you very

much,..." with

01:39:02 @EdmondLeeLegacy: https://www.engineeredarts.co.uk/robot/ameca/

01:39:11 Dame Doria (DC) Cordova: Join us at

www.MoneyandYouDistinctions.com tomorrow from 9 to noon California time – for first part of the program LIVE event, which is only part of the entire program. Go learn more. Non grads will love to learn key distinctions. Grads, you'll love the new distinctions.

01:39:14 Dr. Wright: Visit me at https://www.chrisjsnook.com and CLAIM your FREE COPY of Digital Sense (my most recent

bestseller) and to keep in touch about how to connect with me Chris

01:39:51 Barbie Layton: I signed up for Distinctions tomorrow!

Can't wait!

01:40:03 Dr. Wright: Yay BARBIE!!!!

01:40:42 Madison Freeman: Thank you Doria, Edmond and

Chris and everyone. PRelationships- our human connections

are everything 🙏

01:40:56 Madison Freeman: Reacted to "I signed up for Dist..."

with 💚

01:41:01 Dr. Wright: what can we do to be more human? 01:41:22 Dr. Wright: Machines can replicate but it won't be

human

01:41:28 Al Chan: Reacted to "Machines can replica..." with

01:41:40 Barbie Layton: Thank you Chris! Your talk at Secret Knock with Greg and Kelly......

01:41:41 Madison Freeman: Replying to "what can we do to be..."

Lead with kindness always

01:41:52 Susan Meredith: \$&U in Fall 1987 so over 35 years.

Wow. It stands the test of time!

01:42:00 Barbie Layton: Ameca the robot was so cool to interact with!

01:42:09 Al Chan: Replying to "Machines can replica..."

wonder if machines can key in emojis

01:42:18 Dr. Wright: Ai does not require a robot

01:42:27 @EdmondLeeLegacy: https://

www.hansonrobotics.com/sophia/

01:42:44 Madison Freeman: Reacted to "https://

www.hansonro..." with 👍

01:43:25 Madison Freeman: This is Matrix scary 😨

01:43:53 Barbie Layton: I always say please and thank you to Al and Siri

01:44:14 Barbie Layton: Ameca the robot was a flirt!

01:44:22 Dr. Wright: me too Barbie, Peter explained it to me

climate change is affecting all of us 01:45:59 Joan Michelson: at the same time too

01:46:29 Madison Freeman: Amen

@@EdmondLeeLegacy I had ai 01:46:43 Dr. Wright: helping me write a story about someone who was having a lot of difficulty and feeling discouraged. The AI helps to write then it started writing me a personal note that I should see a therapist. LOL, I said thank you but this is a fictional situation, not reflective of my real life! hahahah!

01:46:53 @EdmondLeeLegacy: my wife is a tech behavior therapist for a tech GIANT that I can't name but we all know of this company. Her job is to keep notice fo the mental health patterns for prompts and what to stop the A.I. from doing or responding to that the untrained person wouldn't notice. It is VERY interesting to say the least.

01:47:04 Madison Freeman: Reacted to

"@@EdmondLeeLegacy ..." with 😂

01:47:08 Jackie Ambrow, Positively-HUB.com: One big company store...

01:47:13 Madison Freeman: Reacted to "my wife is a tech be..." with 👍

01:47:35 Jackie Ambrow, Positively-HUB.com: Reacted to "my wife is a tech be..." with 👍

01:47:55 Madison Freeman: Always try to lead with kindness



01:47:58 Barbie Layton: Yes ! I bless and say thank you to my car and all inanimate objects as well!

01:48:04 Chistopher Freeman: Reacted to "Always try to lead w..." with

01:48:29 Barbie Layton: No TV no electronics in the bedroom due to EMF.s!

01:48:35 Dr. Wright: No, mobile phone in the bedroom, no first thing in the morning!

01:49:03 Dr. Wright: WOWWOW 01:49:21 Jackie Ambrow, Positively-HUB.com: Really true. When people are separated from their device (or its battery is dead), it causes huge anxiety.

01:49:37 Madison Freeman: Offline is the new luxury.



01:49:40 Jackie Ambrow, Positively-HUB.com: **Humming** soothes the vagus nerve

01:49:55 Chistopher Freeman: Reacted to "Offline is the new

I..." with

01:50:02 Jackie Ambrow, Positively-HUB.com: superhighway between the heart and brain and the brain and the rest of the body

01:50:07 Dr. Wright: Visit me at https://www.chrisjsnook.com and CLAIM your FREE COPY of Digital Sense (my most recent

bestseller) and to keep in touch about how to connect with me Chris

01:50:11 Madison Freeman: Reacted to "Visit me at https://..."

with 👍

01:50:16 @EdmondLeeLegacy: My son is 3 and has a tablet. I am really wondering if I need to keep him away from it. It has helped him learn languages but I feel like the dopamine is just too much. @Chris J Snook thoughts?

01:50:24 Chistopher Freeman: Reacted to "The superhighway bet..." with

01:50:29 Jackie Ambrow, Positively-HUB.com: Really looking forward to reading your book, Chris!!

01:50:31 Joan Michelson: I bring my phone walking as a safety measure. It's about being mindful about how we spend our time and let into our minds and souls

01:50:39 Madison Freeman: Reacted to "Really looking forwa..."

with 👍

01:50:44 Barbie Layton: Replying to "My son is 3 and has ..." Just ration the screen time....

01:51:06 Madison Freeman: Reacted to "I bring my phone wal..." with 👍

01:53:55 Jackie Ambrow, Positively-HUB.com: Zombies may be more a product of trauma

01:54:07 Al Chan: Zombies= villians..Darth vader

01:54:17 Madison Freeman: Reacted to "Zombies= villians..D..."

with 😂

01:54:35 Dr. Wright: Visit me at https://www.chrisjsnook.com and CLAIM your FREE COPY of Digital Sense (my most recent bestseller) and to keep in touch about how to connect with me Chris

01:54:39 Madison Freeman: Smart Peter

01:56:41 Madison Freeman: @Peter Swain love the 2nd flip

phone suggestion (2)

01:56:55 Chistopher Freeman: Reacted to "@Peter Swain

love th..." with

02:00:01 Madison Freeman: We are the product...

02:07:07 Barbie Layton: I put bandaids on all the cameras on my **iPads**

02:07:15 Madison Freeman: Bravo @Chris J Snook 🍋

02:07:36 Barbie Layton: The sheeple

02:07:48 Chistopher Freeman: Reacted to "I put bandaids on

al..." with

02:07:52 Madison Freeman: Reacted to "The sheeple" with

02:07:57 Madison Freeman: Reacted to "I put bandaids on al..."

with 👍

02:08:55 Chris J Snook: I have got to run guys, but this was a fun night. Stay in touch chrisjsnook.com

02:09:09 Madison Freeman: Reacted to "I have got to run gu..."

with 💚

02:09:30 Madison Freeman: Replying to "I have got to run gu..."

Thank you @Chris J Snook 💖

02:10:31 Al Chan: Replying to "I have got to run gu..."

Great talk & answer!

02:10:52 Madison Freeman: Reacted to "Great talk & answer!"

with 💚

02:11:01 Chistopher Freeman: Reacted to "Thank you

@Chris J S..." with

02:12:11 Jeff Ghaemaghamy: So happy to meet you all...

Sorry I have to go...

Please connect via LinkedIn and or Facebook

LinkedIn www.linkedin.com/in/jeffghaemaghamy

Facebook

https://www.facebook.com/jeffghaemaghamy

about me:

I have been in the health, wellness and anti-aging industries for the past 30 years. I have been retired for the past 10 years.

I feel privileged to have met DC (Doria) in Antarctica while participating in entrepreneurial Think Tank just over 9 years ago. After doing the M&Y we supported the program to establish in the pacific region.

I have recently come out of retirement to help pioneer a new app which has funding of US\$1.2 billion dollars to create a proprietary Al algorithm which will combine DNA and microbiome assessments, biometric wearable tech, and IoT connected devices to create personalised protocols and products to optimise life.

We believe we can impact a billion people globally $\downarrow \downarrow$



I am looking forward to connecting with you all 🧬

02:12:21 Madison Freeman: Reacted to "So happy to meet

you..." with 🤎

02:12:54 Jeff Ghaemaghamy: Reacted to "my wife is a tech

be..." with

02:14:36 Al Chan: Reacted to "So happy to meet you..." with

02:16:54 @EdmondLeeLegacy: https://kidslox.com/

02:17:15 Madison Freeman: Love the chores tied to screen time.

02:17:27 Madison Freeman: Reacted to "https://kidslox.com/"

with 👍

02:17:28 Sharon Rolph: Reacted to "Love the chores tied..." with

02:20:27 @EdmondLeeLegacy: https://www.bark.us/

02:20:40 Madison Freeman: Reacted to "https://www.bark.us/"

with de

02:22:30 Madison Freeman: I heard an AI song from Taylor Swift and if I didn't read the description saying it was AI generated I would have thought it was real.@Peter Swain

02:22:32 Dr. Wright: Help Us Make a Difference This Spring – Support Our "Adopt a Homeless" Initiative

This spring, we're on a mission to transform the lives of homeless individuals in our community, but we can't do it without your help. Our goal is to raise \$2,500 to provide direct assistance where it's most needed — right on the streets.

02:22:57 Xochitl Suriano Ambrow: Thank you Thank You, @Peter

Swain!! 🙏 🖖 🕰

02:23:12 Jackie Ambrow, Positively-HUB.com: We are the change the world wishes to see.

02:23:25 Madison Freeman: Reacted to "We are the change

th..." with

02:24:09 Al Chan: Reacted to "I heard an Al song f..." with



02:24:21 Chistopher Freeman: Reacted to "We are the

change th..." with 💗

02:24:30 Chistopher Freeman: Reacted to "Thank you Thank

You,..." with 💚

02:24:43 Al Chan: Replying to "I heard an Al song f..."

We don't need to attend Concerts and have an Al hologram Taylor singing in your living room!

02:25:06 Madison Freeman: @Joan Michelson beautifully said

02:25:25 Chistopher Freeman: Reacted to "@Joan Michelson

beau..." with 👍

02:25:29 Madison Freeman: Reacted to "We don't need to att..."

with 💚

02:27:42 Susan Meredith: Thx Joan. Thoughts and words are such powerful energy and there is too much about a bleak future. It's up to all of us to recognize when that's happening and turn to the positive possibilities. Of a healthy planet and a united society... and using AI to help create a positive future! 02:27:56 Madison Freeman: Reacted to "Thx Joan.

Thoughts ..." with 🤎

02:27:59 Maria Simone- ZenMoose Capital: Gotta run, Thanks everyone!! Another amazing Friday with Doria! Love for a magical weekend!

02:28:03 Madison Freeman: Reacted to "Gotta run, Thanks ev..."

with 💚

02:28:11 Joan Michelson: Reacted to "Thx Joan.

Thoughts ..." with 👍

02:28:41 Jackie Ambrow, Positively-HUB.com: Xochitl and I are coming tomorrow!

02:28:45 Dame Doria (DC) Cordova: For big possibility-thinking is one of the reasons

www.MoneyandYouDistinctions.com tomorrow from 9 to noon California time – for first part of the program LIVE event, which is

only part of the entire program. Go learn more. Non grads will love to learn key distinctions. Grads, you'll love the new distinctions.

02:28:53 Chistopher Freeman: Reacted to "Gotta run, Thanks

ev..." with

02:28:59 Madison Freeman: Thank you Doria, Edmond and

everyone a to the everyone a t

02:29:08 Dr. Wright: HEY WENDY!

02:29:20 Letchmi Sun: Thank you everyone

02:29:22 Joan Michelson: Thanks, @Peter Swain - I'll have to

do your Al mastermind sometime soon! :)

02:29:35 Jackie Ambrow, Positively-HUB.com: Thank you

everyone!!! 🤎